



THE GROVE GAZETTE

Selinsgrove Area High School Student Newspaper

In this issue:

- School News
- National News
- Pictorial Review
- Special PROM Insert
- Sports
- Student Profiles
- Annie's Answers
- My Turn

Public Speakers Move on to the State Competition

By Nathan Moyer

On Tuesday, April 21, six students from the Selinsgrove FFA Chapter travelled to the Pennsylvania College of Technology to participate in the Regional Public Speaking CDE (Career Development Event) and Regional Tractor Driving CDE.

Freshman John Merroth Jr, sophomores Hannah Ross and Nathan Moyer, juniors Joey Radel and Kyle Sassaman and senior Anne Coyne all qualified for events.

While there, the students participated in Creed Speaking, Junior Prepared public speaking, Senior Prepared public speaking, Extemporaneous public speaking, Conservation public speaking, and Tractor Driving.

Selinsgrove FFA was well represented in the overall contest, qualifying two students for the state contest. Senior Anne Coyne seized first place in Conservation public speaking with her speech about Colony Collapse Disorder in local bee colonies. Sophomore Nathan Moyer

took second place in Senior Prepared public speaking where he discussed the expanding reptile-derived pharmaceutical industry.

After hearing the results, Advisor Mrs. Fry merrily said, "I'm so proud of all of my hard-working students and am excited to see them compete at the state level!"

The state public speaking contest will be held during the State FFA Convention at Penn State University in June. From there, the first place speakers in each contest will move on to national competition in November.

These students are a credit to the Selinsgrove Area High School and the local FFA Chapter.



Orators from Selinsgrove who competed in the competition from left to right, back to front: Junior Joey Radel, Sophomore Nathan Moyer, Freshman John Merroth, Junior Kyle Sassaman, Sophomore Hannah Ross, and Senior Anne Coyne

Grove Gazette Editorial Staff

- News Editor:** Savanna Foor and Dan Napsha
- Sports Editor:** Angelo Martin
- Opinion/Editorial Editor:** Isabel Bailey
- Public Relations:** Dan Napsha
- Photo Editor:** Claire Oreskovich

The *Grove Gazette* is a student organized newspaper. If you are interested in working for the *Grove Gazette* as a writer, editor, cartoonist, or photographer, please join us during the first half of lunch on Wednesday, May 6, 2015 in Room 222 for our next meeting. You can also email Mr. Switala at wswitala@seal-pa.org if you cannot make the meeting.

Pirates of Penzance Musical Review

Dan Napsha

This year for the spring musical, Selinsgrove students performed a new version of Gilbert & Sullivan's comic opera, *The Pirates of Penzance*.

The musical, which first debuted in 1879, focuses on the apprentice pirate, Frederic (played by sophomore Jonah Roth), who leaves the ship to return to civilization on his 21st birthday. On the island, he falls in love with Mabel (senior Hannah Hook), the daughter of a Major-General (senior Jacob Hillbolt). When Frederic learns that he was born on February 29th, he returns to the pirate ship to obey the clause that an apprenticeship ends when one is 21 years of age. Dramatically, Frederic asks Mabel to wait for him 63 years until his apprenticeship is over.

The Pirates of Penzance starred a number of Selinsgrove students, with the pirates portrayed by sen-

ior Adam Ruby, sophomores Rowan Miller and Max Troppe, and freshman Gus Troppe. Seniors Aaron Dues and Brooke McEvoy played the Pirate King and Ruth, the ship's maid, respectively. The young women in the play, including sophomores Emma Lewis and Isabel Bailey, juniors Brooklyn Williams, Nettie Martin and senior Jessica Eyster, fit into their roles perfectly. The police officers, played by junior Johanna Kantz and sophomores Markie Reiland and Alexis Hoffman, added comic relief to the show.

Overall, it was a great production; the art and set director, as well as the art crew, did a fantastic job with the sets. Sophomore Rowan Miller summed up the musical experience perfectly, describing it as, "amazing... I met some really cool people, including seniors whom I will miss dearly, but new friends that I can't wait to perform with next year."



Photo by Dan Napsha

The Pirates confront the Major-General and his daughters during a dramatic scene in the musical

Recycling the Proper Materials

By Markie Reiland and Jacob Hillbolt

In the past several months, some students and teachers of the Selinsgrove Area High School have noticed that the materials in recycling bins around the school and in classrooms are being thrown into the dumpster along with regular trash rather than getting recycled.



Photo by Markie Reiland

Recycling goes in here

Selinsgrove schools have all the means to recycle and there are cans and bins for recycling in every classroom and hallway that are labeled as "recycling."

The cafeteria staff recycles materials; however, the rest of

the school's recycling doesn't seem to make it to the recycling center.

High School Principal, Dr. Lorinda Krause, emailed head custodian Donna Heimbach on the matter, who responded with a clear explanation of what was really going on. Dr. Krause explained, "... they will recycle the bins that don't have trash mixed in with them."

One issue remains for the janitors responsible for recycling: students are throwing their non-recyclable trash into the recycling bins. Custodians are not required to and do not have the time to spend extra hours sorting through recycling bins in order to pick out the trash

in each of the bins. They dispose of the materials in the recycling bins that have trash in them in the dumpster, along with all the other trash bins.

Therefore, the responsibility now lies in the hands of students to discard their items which are unable to be recycled in the garbage cans, *not* the recycling cans. It is up to the student body and faculty to be vigilant in the hallways to help police what is being put in the recycling bins.

AP Environmental Science teacher, Mr. Roush, says that it's "vital for students to separate trash from recycling because recycling centers throw out batches of recycling which containing trash." If students continue to neglect this, then more and more recyclables will go to waste.



A Selinsgrove Star — Simply Amazing

Most students and teachers at Selinsgrove are familiar with the friendly face of Kevin Dressler, but he offers the community much more than his signature “hello”.



Kevin Dressler is the proud owner of Dressler’s farm, a business he started himself in 7th grade. His business began with his interest in gardening. After growing produce and harvesting more than his family could eat, he decided to open a small road-side stand to sell and distribute his leftover produce. It was then that Dressler’s Farm was born.

Since then, Kevin has expanded his business dramatically. He now sells in two different locations: his road-side stand at the intersection of Middlecreek Road and Clifford Road and at the Selinsgrove Farmer’s Market. Kevin has expanded his inventory to include eggs from various chicken and quail species, eighty different kinds of produce, various flowers and herbs, homemade maple syrup, and hand-made powder horns (the horn of a cow to hold gunpowder).

His major capital items include his two greenhouses, chicken coops, produce washer, and mini hay baler. Kevin takes pride in his business, and noted that he is responsible for funding and running his business by himself. Even though his parents are supportive of his business, they do not provide any funding for its operation. Kevin said, “The only thing my parents contributed to my business was a single bag of chicken feed my dad bought when I was away.”

Besides his business, Kevin is also a part of various organizations. Kevin is the 2015-2016 parliamentarian of the Selinsgrove FBLA chapter. He is president and manager of the Selinsgrove Farmer’s Market, which is held every Saturday in the summer.

Kevin is also the second-year president of the

Selinsgrove FFA Chapter. These organizations have helped Kevin expand on his business skills and improve his agricultural knowledge.

Kevin is an award winning student, especially when it comes to FFA. He has received recognitions for CDE (Career Development Event) placement while in FFA. He also received the Star Greenhand and Chapter awards at the Selinsgrove FFA banquet as a freshman and sophomore member. Kevin even had the privilege of being named the SUN Area Chapter Star at the SUN Area FFA banquet. Greenhand and Chapter Star awards are given to members who excel in the classroom, FFA activities, and SAE (Supervised Agricultural Experience).

In 2014, Kevin received a \$1,000 Agricultural business grant through the FFA. He used the money to build a mini hay baler which has allowed him to expand his business by selling decorative mini hay bales. He also received the NRCS High Tunnel grant of \$2,500 to build a large (32ft x 70ft) high tunnel greenhouse which he constructed on leased land.

Not only was Kevin privileged enough to receive these grants, he also won the annual Penn State Teach Ag contest in 2014. For this contest, Kevin taught the Selinsgrove Agricultural Foundations class about maple syrup production in Pennsylvania. He included an activity of tapping the maple trees in front of the school.

Kevin’s future plans incorporate all parts of his current interests. He plans to run for State FFA office in 2016, keeping his passion for FFA alive and thriving. After high school, he plans to continue running his business. As far as future education goes, Kevin does not want to part with the Agricultural department. He wants to attend Penn State and major in Agriculture Education, wishing to become an Ag teacher. Ultimately, Kevin’s dream is to become Pennsylvania’s Secretary of Agriculture.



Photo by Valerie Fry

Kevin manages his stand for Dressler’s Farm at the intersection of Middlecreek Road and Clifford Road in Selinsgrove. He also sells at the Selinsgrove Farmer’s Market every Saturday in the summer.

2016 Presidential Election: Who will it be?

Maria Lucchi

As the 2016 presidential election ramps up in the coming months, America watches as a long list of candidates tries to earn their vote.

Because we're just at the start of the season, the list of potential candidates is long -- but with every primary, it gets shorter and shorter as November 4, 2016 approaches. Here is a run-down of who to watch in the months leading up to 2016:

For the Democrats, Hillary Clinton hogged most of the spotlight even before she announced her candidacy, and that fact is not changing anytime soon. With a political career spanning First Lady, Senator, and Secretary of State, she faces plenty of obstacles and carries a ton of baggage.

Even so, she appears to be the favorite of the Democratic Party...and for some Selinsgrove students. Among them, sophomore Maggie Frymoyer has been waiting for Hillary to run since Clinton lost the Democratic primary in 2008. "I got my bumper sticker ready," she tells the *Grove Gazette*. "I believe she's the most qualified candidate out there and I'd love to see a woman in the Oval Office!"

Despite the excitement for Hillary, there are a group of Democrats who plan to take her on, including former Governor of Maryland, Martin O' Malley, who's expected to announce his decision in May. Former Virginia Senator, Jim Webb is rumored to potentially run against Clinton, along with Lincoln Chafee, governor of Rhode Island. Chafee told CNN that he is certainly going to run for president.

Despite public pressure, it is unlikely that Vice President Joe Biden would run, nor will party favorite Elizabeth Warren, a senator from Massachusetts, who has officially declared herself out of the running for the Democratic nomination.

As for the Republicans, the field is much more crowded. Texas Senator Ted Cruz, Kentucky Senator Rand Paul, and Florida Senators Marco Rubio are all officially running for the Republican nomination. Former 2012 presidential candidate, Mitt Romney, declared early on that he will not be running in 2016, and that he believes the Republican Party has others who will be better suited for the position.

There are roughly ten politicians toying with the idea of running, including Jeb Bush, Scott Walker, Mike Huckabee, Chris Christie, Rick Perry, and Rick Santorum. Jeb Bush, brother of former president George W. Bush, posted on Facebook in January that he is, "actively exploring" a presidential run. Scott Walker, governor of Wisconsin appears to be a favorite amongst the Republicans.

It seems the endless news coverage around Hillary Clinton, whether good or bad, will ultimately leave no room for other democratic candidates to receive exposure;

therefore, giving her the nomination. Unlike their democratic counterparts though, there is quite a bit of competition between the Republican candidates.

The *New York Times* expects the race to be between Clinton vs Bush or a Clinton vs Walker. Only time will tell who will be fighting for America's vote in the 2016 election!



To kick off her campaign, Democratic hopeful, Hillary Clinton, headed to Iowa to talk with voters in the swing state.

Repeat qualifiers for FBLA Nationals

Dan Napsha

Earlier this month, eight students involved in Selinsgrove's Future Business Leaders of America (FBLA) chapter competed at the state level in Hershey for placement at the FBLA national competition in Chicago, Illinois. Sophomore Jess Smith and senior Gigi Troppe participated in Accounting 1 and 2, respectively, seniors Charlie Steininger and Hunter Gray tested in Entrepreneurship, and senior Jenny Kenny competed in Business Law.

All teams did well, but one team of seniors did exceptionally well. Repeating their success from last year, the team of seniors Anne Coyne and Cathy and Maria Lucchi placed in the finals and will be heading to Chicago at the end of June. Last summer, the team earned second place in Marketing at the FBLA

National competition in Nashville. With the start of the new FBLA season in the fall, Coyne and the Lucchi sisters had to look for another team event where they could perform. They settled on Management Decision Making, which "focuses on making the right decisions for companies," according to Anne Coyne.



Seniors Catherine Lucchi, Maria Lucchi, and Anne Coyne pause in Hershey

They worked individually initially, studying for the one hundred multiple-choice questions asked at the regional competition. At the state competition, they were given 20 minutes to look over a case study involving layoffs at a Fortune 500 company, and seven minutes to give a presentation. At the national competition, they will be given another case study to review.

In and Around Selinsgrove - Pictorial Look

Dan Napsha



Photo by Dan Napsha

Over 50 children (and their parents) in the Selinsgrove community bore the cold weather and participated in the annual Key Club-sponsored Easter Egg Roll on March 28.

Van Shoes designed by Selinsgrove students (from left to right) Kara Ludwig, Alexis Medina, Natalia Brown and Alexis Medina, on display at the high school's art show, which was hosted by the National Art Honor Society on April 22.



Photo by Dan Napsha



Photo by Chad Cohrs

The high school band performed their annual spring concert set, directed by Mr. Ed Smith, on Friday, April 24 at Selinsgrove Middle School.



Photo by Claire Oreskovich

Members of the Outdoors Club braved the cold whitewater rapids at Ohiopyle, Pennsylvania, on Saturday, April 25.

Special PROM Insert

Prom Trends...What is Hot This Year?

Nia Thomas

For those high school students who have been planning for the Selinsgrove High School Prom (Saturday, May 2nd at the Middle School) since they first entered the high school, the time is upon us. Below are the 2015 trends for dresses, menswear, and hairstyles.

Ladies, the biggest focus is a dress, but for the 2015 season there are other alternatives:

The Jumpsuit: The jumpsuit is a comfortable and unique alternative to a dress and a definite stand out. It is recommended to wear in sleek black with metallic accessories.



The Knee-Length: In years past, many girls headed for floor length and would only consider options that were floor length. The knee-length allows girls to explore having a print or color statement or other patterns in a comfortable silhouette. It is recommended to wear statement heels to show off the length.

Separates: The separate top and bottom is a popular trend on many runways. The unique factor of the separate top and dress allows girls to mix and match any design to create an eye-catching combination without fear that someone else has the same dress. It is recommended to wear a skinny heel with an ankle strap, especially if the skirt of the dress is not floor-length.

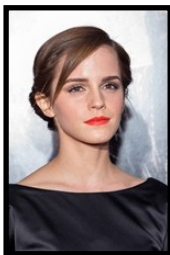
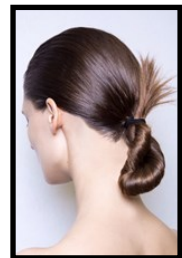


The 70's dress: A common feature on runways of this season is a more retro look, specifically the 1970's. It is recommended to wear a one shoulder, tiered dress with a long necklace and chunky cuff to fully set off the bohemian theme.

*Tip: To fully follow the trend of this season, the color of choice for dresses is a **bold red**.

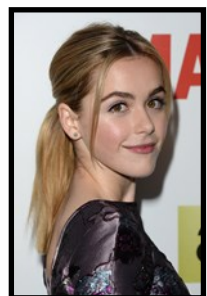
Hairstyles this season follow a typical pattern of most of the popular trends, which include updos.

The Low Twist a simple hairstyle that would last the night and wouldn't cause any problems the next morning.



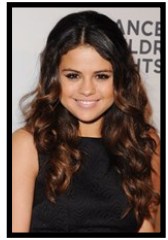
The Twisted Updo was, at first, an everyday style that was usually paired with bold lipstick to make it into a formal look. This is a look that Emma Watson has been seen wearing lately.

The Casual Ponytail is raging now in fashion. A tip is that not many people can pull off a ponytail for a formal look along with a complex dress. To play up the style it is recommended that a slightly heavier than natural look be used when putting on makeup.



Prom Trends...What is Hot This Year? continued

Soft, Loose Curls, showcased by red carpet favorite, Selena Gomez, is a common sight at many events, formal and casual, as it is a classic. The simple, elegant style is easy to perfect and maintain throughout the night and is also a style for any who doesn't want an updo.



The Romantic Updo is also an all-time classic that is a returning favorite this season. A perfect example was worn by Rihanna at the MTV Movie Awards, where the softness of the curls created a perfect frame of her face.

For guys, the years past have seen only a revolving door of the classic black tux or suit. This season, there is a variety of both style and color for each type of guy, including:

The Bohemian: For guys who emphasize comfort and good vibes, a linen suit is recommended along with a vest that can be used easily in an everyday wardrobe. Accessories include a leather bracelet and (instead of a matching boutonniere and corsage) matching Hawaiian leis.



The Class Clown: For someone who loves attention and is not afraid of taking risks, the best option is to display and mix stripes. It will set you apart from the crowd and grab everyone's attention.

The New-Age Prep: It's the classic uniform of khakis chinos, pastel oxford, and boat shoes made for prom. A cotton blazer, sporty shoe, and sporty shoes offers a better looking attire and comfort.



The Rocker: Created as a counter to the New-Age Prep, this outfit's key feature is leather, leather, and leather. A detailed leather lapel on the suit jacket connects the entire outfit together.

The Romantic: For anyone looking to perfectly fill the ideal prom outfit, a simple black and white tux is perfect, complete with a bowtie and dress shoes. To give a more personal touch a leather boutonniere should be added to give a bit of daring to the outfit.



The Skater: For any skater who wants to go to prom, the focus is on getting a suit that is any shade of gray. To give a pop of color, a red starred tie sets it off while a sneaker tie pin displays the skater's true passion.

Survival Guide For Prom

Isabel Bailey

Prom is one of those rare events that is fun yet monumental, something that in retrospect will be thought of as a stepping stone in the awkward years of adolescence; however, for those in need of some last minute tips to survive this event, read on...

Alexis Martinez is a senior who recommends bottled water because it will be "extremely hot." No one wants to pass out from dehydration while dressed up as it is not a good combination.

Senior Michael Wolever says that to go to prom you need your "finest watch and a fedora."

Sophomore Abby Ettinger suggests bringing a wristlet since odds and ends need somewhere to go.

Senior Alex Stephen says an "extra pair of underwear is vital". He offered no further information on the subject...

Prom is an event that apparently takes a lot of time out of ones day to get ready and primp. The girls interviewed spent an average of six hours in preparation time, while senior Matt Keller said it takes a solid twenty minutes. This gives a large range of possible amounts of time to spend getting ready, but count on it taking longer for the females.

Senior Matt Stugart says that you want to get to "prom early so you don't have to wait in line."

Sophomore Abby Ettinger says that you should "make sure you know people

that are going, if not, it's not as much fun." Of course, there's always the daring option of making new friends while you're at the prom, but that, among other things, could be a lot to handle in one night.

Matt Keller also gives the advice that you should have no standards, hence go with the flow and don't expect too much or too little. Collectively, it is recommended to have good music taste, or just try to enjoy the music that will no doubt be played.

Sam Bailey, senior, says that Prom is one of the "top three moments" in his life, and that "prom isn't about survival, it's about catching the butterfly."

Just remember, even if you spill the punch bowl all over your dress, its just prom and it is, in fact, survivable.



Is there an Alternative to Prom???

By Nia Thomas

It was the best of times...it was the worst of times...it was Prom.

While some view the Prom as the greatest event during their high school career, others spend the day like any other. Some Selinsgrove students are planning to spend this Saturday doing anything but attending the Prom.

Some are making extra cash. As most students will be at prom, a Saturday, many others can pick up their coworkers shifts to get a few more hours in for the week. Junior Heather Straub will be working at Kmart, and senior Riley Womer will be working at Marzoni's as an alternative to prom. This allows the students who want to go to prom to be able to go and for others to get some extra cash.

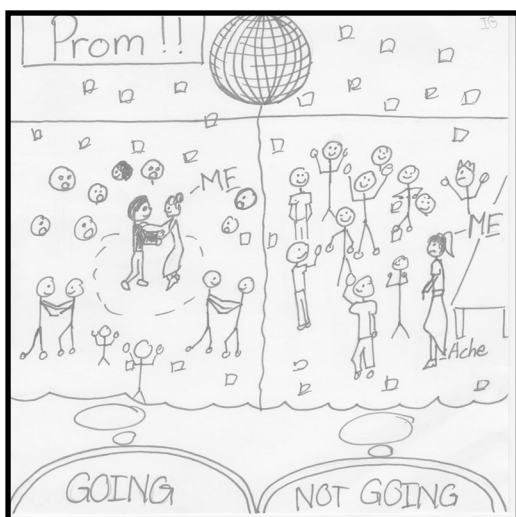
Others are camping out in front of the TV to watch Netflix. The day of prom is a perfect day to catch up on any unwatched show, or even, if you're brave enough, to catch up on entire seasons. Junior Maddison Munn admits that she will spend prom night watching, "*Bramstocker's Dracula*, *We are the Night*, and *Byzantium*."

For anyone who forgot, SATs are also the day of the prom. For some students, May 2nd will be a day of taking a test that can decide a large part of their future. Some are also catching up on homework. Prom will come and go, but Monday will always come and so will assignments due.

The greater Selinsgrove area also offers some other options by itself. One option is to go racing. Some students at our school are avid practitioners of racing, and would far better enjoy it than go to the dance. Junior Tony Markunos explained that he will spend May 2nd racing. The Selinsgrove area and surroundings also offer restaurants to simply go to dinner. You can go by yourself, with friends, or make time for family to simply reconnect with them.

The classic alternative is also the anti-prom. This includes simply gathering a few friends and having your own party that can be a little more low-key. For junior Manny Barajas, this is his idea instead of going to prom.

Prom or an alternative, students have many ideas of what they plan to do with their Saturday.



SPORTS

Tennis Advances to District Semi-Finals

By Jonah Markle

Boasting a regular season record of 14-1, the Selinsgrove Boy's tennis team continued to make a statement in the area with a 4-1 first round win against Mifflinburg at the District IV tournament on Tuesday, April 28, putting the team into the district semi-finals.

The dynamic duo of seniors Sam Bailey and Thomas Lemons avenged their only loss all season, putting the Seals over the edge for the victory. The Seals entered the District IV tournament as early favorites to take home the gold.

Sam Bailey described the significance of the win, "The #1 doubles team for Mifflinburg was the only team that beat Thomas and I throughout the season. We understood that though our whole team had beat Mifflinburg two times already, they had a strong enough lineup to upset our season making every individual match critical. With this in mind Thomas and I were determined to not only achieve personal goals but also take steps towards the ultimate mission, District Gold."

Despite starting the district tourney already, the Seals regular season will not come to a close until Wednesday, April 29, against the Williamsport Millionaires. This match will decide the 2015 PHAC League I champion.

The Seals have a ton of momentum on their side as they have won five straight matches since a mid-season stumble at Central Mountain. Senior standout Thomas Lemons has nothing but faith in the 2015 squad as they head into the post-season. "It's all very exciting to be involved

in these important matches. It'd be great to repeat as league champions and also get to another district championship. We want this year's outcome to be different from the last. This year, I think we have the team to do it," said Lemons.

Selinsgrove will also take part in the singles district tournament that is occurring on Saturday, May 2nd. Coach Duke

Fravel has not completely decided who will be representing the Seals on Saturday, but believes anyone who goes can make some noise among the other local players.

"You never know what will happen in the playoffs. Some kids are on fire and some kids are tired or are dealing with injuries so it really is sometimes a place for some high seeds to be upset by a player nobody expected to be there. I am looking for our guys to play their

best tennis of the season at both district tournaments," said Head Coach Duke Fravel.

The Seals have been lead by the great play of singles players juniors Garrett Benner, Aidan Finnerty, and senior Hareem Zain. In doubles play, seniors Sam Bailey and Thomas Lemons have been so consistent all season long and will be a crucial part in the team's success as the year comes to the end.

"Everything has just been clicking for us this year. Despite the loss to Central Mountain, we have really just cruised through all the other matches and I think we can continue on that streak as we head into the postseason," said junior Garrett Benner.



The Seals #1 singles player, senior Hareem Zain, warms up prior to a key match.

Seals Baseball Contending for Title

By Angelo Martin

Another season is underway on the diamond and the Selinsgrove baseball team is off to one of its best starts in recent memory.

Led by Head Coach Brent Beiler, the Seals have jumped out to an 8-3 record, putting them in great contention for a District IV title. Through the first 11 games, the Seals have been solid in many areas of the game.

On the bump, senior Zach Hendricks and junior Tyler Showers have been instrumental in the Seals success thus far by pitching many innings and not allowing many runs. The two workhorse pitchers have maintained ERAs (Earned Run Average) below 2.0 through the first 11 games, an outstanding improvement from last year's squad.

"Our pitching has been great all year long. We owe a lot of credit to Zach (Hendricks) and Tyler (Showers) for keeping us in a lot of games when the offense

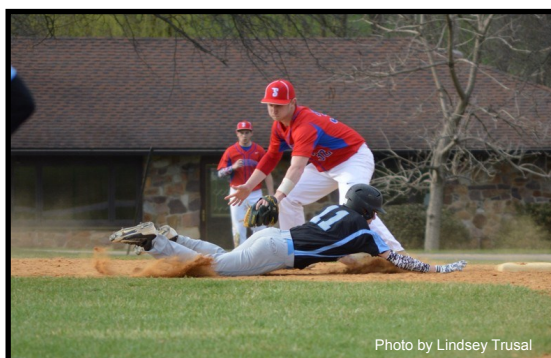
couldn't get going. Every time those guys step on the mound I'm confident that we have a good shot to win," said senior standout shortstop Isaiah Rapp.

Not only have the Seals been getting it done on defense, but the bats have been swinging and connecting for Selinsgrove all season long. The Seals currently maintain a team on-base percentage of .440 and a team batting average of .300. In addition, the offense has been averaging 7 runs a game, with much offensive production coming from pitcher and designated hitter (DH) Zach Hendricks and shortstop Isaiah Rapp.

"Our lineup has really been doing a great job making contact with the ball and giving us a chance to get on base and score runs. We haven't been striking out much as a team, so most of the time were putting the ball in play and giving ourselves a shot to get on base," said Rapp.

Seals Baseball Contending for Title continued

In Selinsgrove's 11 games so far, some key wins include a 4-1 upset victory over Central Mountain, and a 2-1 victory over the Jersey Shore Bulldogs (ranked 4th in the state at the time) on the road, a feat that had not been done since 2011. Selinsgrove's victory over Central Mountain was the highlight of the team's season so far. The Seals knocked off a tough Central Mountain team (ranked #14 in the State at the time). The victory demonstrated Selinsgrove's ability to play with some of the best teams in the area.



Senior Isaiah Rapp tags out the opposing base runner

"The victory over Central Mountain was huge for us because it gave us a ton of confidence that we are capable of beating the best teams in the area. Not only did it feel great to beat an undefeated team, it also helped us realize the potential our team has moving forward," said Rapp.

The Seals three losses have come at the hands of Shikellamy, Montoursville, and Mifflinburg. In those three games, the Seals lost by a combined 9 runs. With still plenty of season to go, the Seals will have a chance to play those teams again and avenge their losses.

Track and Field Teams Outpacing All

David Klinger

Another season is underway for the Selinsgrove Track and Field teams and that means another run at league and district gold.

The boys track team, sitting at an undefeated dual-meet record of 6-0, and the girls track team sitting at 5-1, both look forward to dominating in the District IV Championship competition in Athens, PA on May 16th after a great season so far that has included many personal records for individual athletes.

Both teams started the season off on the right foot in their first dual meet against perennial power Williamsport. Expecting to be a closer finish, the girls prevailed over the Millionaires 93-57 and the boys won as well 85-65. Senior and Bucknell University commit, Alexis Auman, stood out in the meet by breaking the Selinsgrove's senior class long jump record with a jump of 17' 3 1/2".

After a full week of practice without another meet because of a rain cancellation, the track teams geared up in preparation for the Selinsgrove Classic, the annual invitational held at our very own Harold L. Bolig Memorial Stadium. The week of preparation paid off, as both teams came up big on the track. Junior Brody Beiler took first place in the mile with a time of 4:36.06, senior Nathan Brown came in second in the 200m dash with a time of 22.99 seconds and a third place in the 400m dash with a time of 53.98 seconds. The Seals also snagged an impressive second place in the 4x100m relay team comprised of juniors David Klinger, Angelo Martin, Joey Radel, and Juvon Batts.

As for the girl's team at the Classic, some standouts on the track included seniors Alexis Auman and Mackenzie Apple, who took first and second respectively in the 100m hurdles, with respective times

of 16.09 and 16.56. Sophomore Sara Arbogast earned second place in the 400m dash with a time of 1:05.45. Renowned thrower and senior Courtney McCartney unfortunately had not been able to compete to that point in the season due to a debilitating hairline fracture in her foot.

After the Classic, Selinsgrove faced a busy week of two dual-meets versus Shikellamy and Jersey Shore. The Shikellamy meet was a rainy one, and despite the tough conditions, the boy's team came out with a win, keeping the school streak alive of never losing to them in track team history. As for the girl's team, they suffered a heartbreaking loss, breaking their continuous winning streak versus Shikellamy that lasted 11 years.

The Jersey Shore meet was an easy win for both teams, and the Selinsgrove track team rolled into the



Senior Mackenzie Apple dominates her opponents at the hurdles during a home meet.

Track and Field Teams Outpacing All continued

Susquehanna Invite the following Saturday a bit beat up. Resting many key athletes, the Seals were still able to have a great day with many athletes reaching new personal records in their respective events.

Sprinters Nathan Brown (senior) and Angelo Martin finished the day with personal records in the 100 and 200 meter dashes. Both athletes finished in the top 5 overall at the meet in the 100 and 200 meter races respectively. The Shamokin meet the following Tuesday turned out to be a tri-meet, the third team being Carson Long high school; after some great performances, both the girl's and boy's pulled out easy victories

The Breslin and Shippensburg Invitationals followed, and again the Seals brought much intensity. The most recent Lock Haven Invitational was a monumental day for the girl's team. Alexis Auman broke her previous school record in the long jump with an astounding jump of 17' 10 1/4", and came in fourth in the 100 meter hurdles with a time of 16.27 seconds.

Fellow senior Mackenzie Apple finished third with a time of 16.25 seconds in the 100 m. Highly touted senior Courtney McCartney finally returned to the field and was able to throw 43' 5 1/4" to win the girl's shot-put title. The girl's team ended up winning the invitational for the third year in a row.

As the end of the season comes near, both the boy's and girl's track and

field teams are hoping to take away District IV titles and send athletes to the PIAA State Championships in Shippensburg.



Photo by Lindsey Trusal

Senior Nate Brown pulls off a dramatic come-from-behind victory in the relay against Danville

"Both teams have really been dominating so far this season and have been slowly improving as the season goes on. I'm really looking forward to District's and seeing how well we'll stack up with some of the best teams in the area," said senior boy's captain Nathan Brown.

Both teams are encouraging all Seals fans to come out and support them on Tuesday, May 5, when they take on Mifflinburg High School at the Selinsgrove Track. A win for the Seals boys means a League Title and a win for the Lady Seals, coupled with a Shik loss, would make them Co-Champions of the League.

Boy's Lacrosse: Adapting to Change

By Angelo Martin

Entering the 2015 season with the loss of 6 senior starters, the Selinsgrove boy's lacrosse team remained poised and focused on competing for another District IV title.

With a strong start to the season, the Seals looked like they were in the driver's seat for another District title rematch with cross-town rival Lewisburg. However, after suffering a key injury to their standout senior goalie, Selinsgrove now tries to find a new identity while going through a midseason stumble.

The Seals cruised in their first two games of the season, with a 12-6 victory over Dallas and 12-4 victory over in conference rival Danville. Following a nail biting 13-11 loss to West Shore the following week, the Seals headed into their game against Lewisburg confidently in what was expected to be a very close game. The Selinsgrove defense was able to keep Lewisburg in check, but unfortunately the Green Dragon attack was too much, and the Seals lost a tight 7-5 ballgame.

The following game against Mifflinburg proved to be a turning point in

Selinsgrove's season. While the 14-5 victory over Mifflinburg gave the Seals another conference win, senior standout goalie Reid Betsker suffered a broken arm injury that could rule him out for the rest of the season. Filling in for Betsker has been second year player, Cross Kantz.

"Losing a goalie is like losing a star quarterback in football. We are now in the process of transitioning and adapting for the rest of the season," said head coach Tom Garlock.

With the loss of Betsker, senior standout attack-men Andrew Sickle and Zach Adams have especially been asked to step up and provide the Seals with much needed offensive production. Currently, the two seniors lead the team in all offensive statistics, including goals and assists.

The Seals still have a long season to go, and with the loss of Betsker, the team's hopes for competing for a District IV title will depend solely on the transition they make going forward.

Girls Lacrosse: Underdogs No More

By: Grace O'Malley

Having lost almost their entire starting lineup this year, the Lady Seals lacrosse team were not expected to be a strong team; however, starting the season with a record of 3-3, the Seals are proving everyone in District IV wrong.

Two of the three losses the Seals suffered this year were to Danville, the currently undefeated defending District IV Champion. Danville is a team that is used to beating its opponents by at least 10 goals, but this past Saturday the Lady Seals gave them a run for their money, keeping Danville's lead to a maximum of five throughout the whole game.

"You could tell we were keeping them nervous the whole game. They were surprised at how quickly we improved since the last time we played them," said impressive breakout sophomore Samantha Rodkey

The Seals are a team comprised mostly of sophomores, with many players picking up lacrosse for the first time this season. All the other teams in District IV such as Mifflinburg, Midd West, Lewisburg, and Danville are comprised of mostly upperclassman, so the Seals have been at a disadvantage all year. Despite the inexperience, the Lady Seals have been fairly competitive in all their games so far.

"I have to give credit to Coaches Keiser (field hockey), Underhill (soccer), and Lauver (basketball), for already teaching these girls how to compete and how to win. Getting first-rate athletes already makes my job a heck of a lot easier," said first year coach Greg Kahn.

The Seals offense has been led all season long by senior Jenna Clark and sophomores Megan Kahn and Megan Keeney. The Megan-to-Megan duo has

been much of the team's offensive production this year as they are currently first and second on the team in goals.

Through the first six games, senior Leah Musser and junior Grace O'Malley have anchored the Selinsgrove's defense. Playing goalie for the Seals has been senior Brooke McEvoy.

"Recently, we've been working on a new defensive strategy. It's difficult to switch midseason from something that's almost become second nature. But our defense has really made the adjustment well and I think going forward, it'll be key



Senior Leah Musser avoids traffic and makes a pass

for us. I can't explain how proud I am of sophomores Amelia Fouts and Lauren Rowe. Last year, they didn't set foot on the field during a varsity game, but this year they have grown so much and are now key players in our defense. With more experience, I think they can be solid lacrosse players in the future," said McEvoy.

With much of the season still ahead, the Lady Seals will look to build experience and a program for the future.

Seals Softball Keeps Eyes on Districts

By Lindsey Trusal

The Lady Seals softball team began their 2015 campaign with an encouraging start and are working towards making the District IV playoffs as they near the final stretch of their season with a 3-5 record.

"We have improved greatly from last year, and although we've hit some rough patches with back-to-back losses and weather cancellations, I'm looking forward to final stretch of games and making a run at Districts," said sophomore sensation Sydney Reibschied.



Sophomore Abby Ettinger hurls another strike

The Lady Seals have been led all season long by a senior class that includes Katie Spriggle, Jess Kerstetter, and Sara Reibschied. All three standouts have been

much of the team's source of offensive production this year. Spriggle leads the team in batting average (.615), and hits (16). Kerstetter is second on the team in hits (13) and currently has a batting average of .500. Reibschied, hitting in the cleanup spot for the Seals, holds a batting average of .350 and has provided the team with much needed power. She currently leads the team in home runs with three on the season.

Recently, the team gained their biggest win of the season over cross-county rival Midd West. In that game, seniors Jessica Kerstetter and Sara Reibschied scored home runs that launched the Lady Seals to victory.

Not only do the Lady Seals boast strong upperclassmen, but the team also has also been getting much production from its younger players. Led by sophomore pitcher Abby Ettinger and infielder Sydney Reibschied, the underclass has been very instrumental so far for Selinsgrove and have provided the Lady Seals with key help in big games.

ENTERTAINMENT

Student Profiles

Ethan Jenkins, Freshmen

What issue do you care most about in politics? *World Hunger.*

What is your spirit animal? *Dolphin.*

Beards: Yes or no? *Yes.*

What is your signature dance move? *The moon walk.*

What will you be doing on the night of Prom? *Watching Net-flix.*



Kayla Germini, Sophomore

What issue do you care most about in politics? *Climate change.*

What is your spirit animal? *Wolf.*

Beards: Yes or no? *No.*

What is your signature dance move? *The Macarena.*

What will you be doing on the night of prom? *Eating.*



Macie Hollenbach, Junior

What issue do you care most about in politics? *Human rights.*

What is your spirit animal? *Sea horse.*

Beards: Yes or no? *YES.*

What is your signature dance move? *I don't dance.*

What will you be doing on the night of prom? *Watching scary movies and eating Chinese food.*



Andrew Sickle, Senior

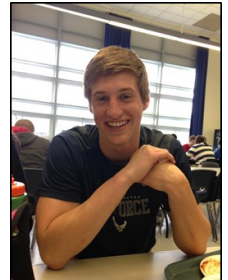
What issue do you care most about in politics? *Education.*

What is your spirit animal? *Shrimp.*

Beards: Yes or no? *I try to be a clean cut guy, so no.*

What's your signature dance move? *The pharaoh.*

What will you be doing on the night of the prom? *Being a responsible young adult.*



Annie's Answers

Dear Annie,

I'm involved in Boy Scouts, FFA, many clubs, and a million other things. Because I'm so busy, I don't have much free time. How can I get a social life and stay involved at the same time?

-Overwhelmed

Dear Overwhelmed,

I've got a secret for you: you already have a social life! However, instead of going out for dinner or having movie marathons, you go on Boy Scout Outings or plan club events. Having a social life is as simple as hanging out and having fun with your friends. Your social life can be totally linked with your extracurricular activities, but it still exists. As long as you spend time enjoying yourself with your friends, I'd say that you don't have to worry.

The constant grind of school and extracurricular activities can be over

whelming and there are times when you just want to chill with your friends away from it all. I think this is what you mean by wanting a social life. Because you're so busy, getting this might not be as easy as it is for other people. It's possible that you will need to sacrifice something in order to get this type of social life.

No, I'm not saying that you quit Boy Scouts or another activity. I'm just suggesting that whenever you feel the need to chill with your friends, you have to prioritize. If you're working on a really important project or have to work, then time with your friends will have to wait. That's just an unfortunate part of being a busy teenager.

Find chunks of time during your weeks when it's *not impossible* for you to spend time with your friends and schedule hangouts during these times. It might mean that you have to work harder on certain days to allow yourself some free time, but it'll be worth it.

Stay golden,

Annie



My Turn by Isabel Bailey

Yesterday I received an unexpected call from my grandfather. Don't worry, it was just to say hello and check in, but coincidentally right before that I had been pondering over the roles older people play in society.

Our civilization looks up to our elders, which is human nature, because our elders have seen a great deal of the world (which is why we need to look at them with a higher regard). However, I often wonder if this "holding our elders to a higher standard" separates them on another side of a social boundary.

If we are looking up to our elders so much that when we talk to them our communication is forced or removed from the real world, what does that say about our interpretation of who they are and the experiences they have had?

Don't get me wrong, I put elders on a pedestal and I think they should be, but I have spent a lot of time with my grandparents and their friends and they are nothing if not interested in what the younger generation is doing.

Counter to this, it may also be the generational divide that our elders accept. Not all of them really want to know how to work a smartphone or use the timer on a microwave.

I'll admit that a phone call does, at times, make it easier to communicate with my grandfather rather than face-to-face conversations. I'll also admit that I too feel a barrier between our footings in the world, and how he relates to the time period counter to the way I do.

I'm not all that eager to jump into conversation telling him about my personal life or the jokes I find funny. While some of that conversation is held back because of an age difference and maturity level, I often feel that I'd like to share more with my grandfather about my life.

It's not as if I have some big secret life that he's unaware of, it's more that I feel like a victim of the separation of the generation. It is almost as if we both possess this secret knowledge, but neither of us knows what the others secret knowledge is, and to disclose it would be almost unfitting.

Yesterday, I was listening to my grandfather tell me about his past on the telephone. He has some great stories to tell. He has always replayed stories of his past to me, but it is in these stories that I've realized they are not so far off from my own encounters.

He has been through bad grades, silly relationships, playing pranks, writing letters similar to our text messages, getting in trouble, and the list goes on. Often we forget that older people have seen so much of the world and have experienced many of the same embarrassing events we have.

So yesterday on the phone, having a conversation with my grandfather, it became apparent to me that I didn't need to shield him from my life as a teenager. I am still respectful and courteous, but I don't need to be reticent exactly. As younger people, we have the power to engage with our elders in a way that is more real to who we are and tell them of what the world around us is like.

We can hold them to a higher standard, but we don't have to act like they aren't part of humanity and the real world that lurks all around us. They have countless stories of their own real worlds, and sometimes we fail to acknowledge that they can be more connected with their experiences and recounts of life than we are.

It is impossible to believe that our elders enjoy when younger people try to shade them from the life that they live, or the life that they think is inappropriate to talk about with them. What does it mean to respect our elders? How do we respect them if we aren't trying to involve them in the conversation that comes natural to us? They want to be a part of who we are, and what our generation yearns for, lives for, and thrives for.

Our elders are the people who can view the world with judgment because they have seen enough of it to be able to gather an opinion, and that can be scary to us sometimes. By respecting our elders, we hope they respect us too. We can gain this respect by relating to them and bringing them into our little worlds, because they have once been where we are now.

