



THE GROVE GAZETTE

Selinsgrove Area High School Student Newspaper

In this issue:

- School Competitions
- Chorus
- FFA victories
- National News
- Sports
- Entertainment
- Comics
- My Turn

FBLA Heading to States

By Anna Piecuch

When FBLA advisor Mr. Daniel Frake learned that Selinsgrove team members would advance to the state competition in Hershey, he gushed, “What a way to celebrate the 75th anniversary of FBLA in Pennsylvania.”

The seniors who are heading to compete in the club’s various events at the state level include Savanna Foor and Hunter George in Advertising, Paige Hepner in

Job Interview, Michael Huggins in Future Business Leader, Sharon Lin, Makayla Peachey and Hannah Van Horn in Global Business, Kyle Mertz in Accounting I, Chase Salter in Securities and Investments, and Isabel Walter in Computer Applications.

Selinsgrove’s juniors who have qualified for States and will also participate are Oceana Barillaro and Marilyn Wagner in Networking Concepts, Blake Kerstetter in Accounting I, Katie Bond and Kathy Tran in Accounting II, Drew Gabrielson in Help Desk, Lauren Imhoof along with Rachael Kelly and Meredith Lemons in Business Ethics, Piper Klinger, Olivia Lee and Nicole Mark in Marketing, and Patrick O’Malley in Organizational Leadership.

“I’m very excited. I’ve never been to states for FBLA before,” said junior Olivia Lee, who will compete in Marketing at the competition. “I am looking forward to hearing many new ideas from other students.”

In addition, sophomores Kiana Brubaker in Introduction to Business, Sam Haddon in Securities and Investments, Kaitlyn Hoke in Accounting I, and David Long and John Shamory in Introduction to Financial Math will join the upperclassmen. Freshman Dylan DeFazio will travel

along to compete in Hershey in Introduction to Business, as well.

All students who attended the Regional Leadership Conference and Competition held at Susquehanna University had to take computerized tests beforehand as well as prepare for their performance. This conference determined whether they would advance to the state level of competition.

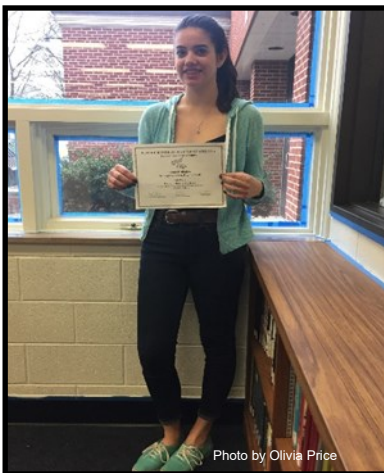
These students’ hard work and dedication has taken them a long way; they are all hoping to continue their journeys past the next stage of competition and reach the national level.

“We have had national qualifiers in the past at Selinsgrove,” said Mr. Frake. The top four places at the State Leadership Conference in each event will be moving on to the National Leadership Conference in Anaheim, California this summer.

The FBLA has very high hopes for those representing Selinsgrove in Hershey this April. Fundraisers, such as the Seals Store sales, have been organized to help FBLA

contenders raise enough money to take these trips to the state and possibly national conferences.

Mr. Frake says of the State Leadership Conference, “We expect to see five thousand of the best and brightest future business leaders from across Pennsylvania there.”



Sophomore Kiana Brubaker shows the certificate she received for her fourth place finish in Introduction to Business.

Grove Gazette Editorial Staff

News Editors: Savanna Foor & Dan Napsha

Sports Editor: Dawson Klinger

Opinion/Editorial Editor: Isabel Bailey

Graphics Editor: Sydney Reibschied

The *Grove Gazette* is a student organized newspaper. If you are interested in working for the *Grove Gazette* as a writer, editor, or photographer, please join us during the first half of lunch on Thursday February 2nd in Room 222. You can also email Mr. Switala at wswitala@seal-pa.org if you cannot make the meeting.

Selinsgrove Scholastic Team in Finals

By Liz Whitmer

On Wednesday, January 18 and Thursday, January 19, the Selinsgrove Scholastic Scrimmage team competed with the hopes of becoming CSIU Finalists for the second year in a row in the contest hosted by the Pittston Area TV Station, WVIA.

Selinsgrove's team included seniors Sydney Reibschied, Keyana Zellers, Nathan Moyer, and the team's captain, Daniel Napsha. The alternates for the team were senior Jess Smith and junior Patrick O'Malley. Mr. William Switala is the coach of this elite group and helps them with their strategy in preparation for their competitions.

To become a part of Selinsgrove's scholastic team, a student must be recommended by the head of an academic department at the high school. After a student is recommended, they compete against the other nominees in trial rounds to see who is the most qualified and would be the best fit for the team.

To start off each round, a "toss-up" question is asked, and the first team to hit their buzzer gets to answer and start the game. Ten points are awarded for correct answers, with follow-up bonus questions earning a team 5 points.

In the first game, Selinsgrove competed against Benton High School's team. Although each round lasts approximately 20 minutes, Benton's team answered only three questions the entire time because Selinsgrove's team dominated every question, which led them to beat Benton by 130 points.

After their victory against Benton, Selinsgrove advanced to the semi-finals, where they competed against Southern Columbia, last year's champions.

In the first round, Selinsgrove was down by five points, but began making their comeback in the lightning round, where each team had 60 seconds to answer ten questions about a designated topic, allowing Selinsgrove to advance by 15 points. The remainder of the game was very close, but Napsha sealed the victory by answering the final question of the match about Reaganomics.

In the final game which would determine the CSIU Champion, Selinsgrove faced Lewisburg with high hopes of winning the title. The team did not come out strong in the beginning, with Selinsgrove trailing Lewisburg by 55 points. Selinsgrove began to kick it into high gear and outscored Lewisburg in rounds two, three, and four; however, the team could not overcome their initial setback, and lost in the finals by a mere 30 points.

Although Selinsgrove did not win the CSIU Championship, this was their second year in a row as finalists in the tournament. Each student not only displayed his or her own strengths and knowledge, but also represented the outstanding work of Selinsgrove Area High School's faculty as a whole. "This is a reflection of the quality of teaching and education of the entire Selinsgrove High School staff since questions came from every subject area," praised scholastic coach, Mr. Switala.

Each member of the team played a crucial part in becoming finalists, an accomplishment for which they and every Selinsgrove staff member and student should take immense pride.

The entire tournament will air on WVIA beginning in late March.



Photo by Bill Switala

Selinsgrove Scholastic Scrimmage team (from left to right): Nathan Moyer, Keyana Zellers, Sydney Reibschied, Daniel Napsha (top row) Jessica Smith and Patrick O'Malley on the WVIA studio set.

“Our Nerds and better than their Nerds!”

The 2017 Seals Scholastic Scrimmage team motto

Honor's Choir Earns 2nd at Adjudication

By Kiana Brubaker

On Saturday, January 21, the Selinsgrove High School chorus competed with other choruses from across the nation in the *WorldStrides* inauguration completion in Washington DC.

The chorus left for Maryland on Thursday, January 19, directly after school. When they arrived at their destination on Thursday, they checked-in to their hotel—The College Park Marriot Hotel—and waited for the next day to arrive.

On Friday, the chorus attended the inauguration of President Trump. The group began their travel to the Capital at 4:30am, stood in line for approximately five hours, then walked a total of six miles on foot to-and-from the Capital building area.

In the damp and cool conditions, the chorus watched the inauguration of President Trump in the midst of both supporters and protestors. The chorus ended their exhausting, but eventful day, with a visit to the Inner Harbor area for dinner.

Saturday, the chorus began their day by taking in the sights and monuments of Washington, D.C. At their first stop, Arlington cemetery, Sophomore Sarah Bolig described her experience as, "We got to see the changing of guards, and it was really moving to see that. They have an unknown soldier that they have a guard for 24/7, which they change every hour, 365 days-a-year, and it was really amazing to see."

The chorus also visited the tomb of former President, John F. Kennedy. Sarah said it was "an amazing view. It was an endless line of graves everywhere and it was amazing, but sad to see." After their time exploring the city, the chorus returned back to their hotel to prepare for the Adjudication.

This trip to D.C. was described by Chorus Director Rachel Ulsh as a once-in-a-lifetime experience that she could never give up and "a great opportunity. There are not many people who can say they were invited to the inauguration festivities, and it's an honor to be a part of it, no matter who the president elect is. It will also be an honor to compete in judgment of other choirs with high caliber, and it will really help improve the choir's skills competing against other skilled groups."

The chorus competed against sixteen other schools from across the nation in the Adjudication hosted by *WorldStrides*. The chorus placed second in their division. They were very excited about placing this high against all of the other schools, some of whom were performing arts schools.

The second place award was accepted by Seniors Kyle Mertz and Destini Bickel. The students celebrated their victory by dancing the night away at the Gala, bringing an end to the day. After visiting a few more sites and landmarks on Sunday, the entire chorus made their way back home to Selinsgrove.



Photo by Sherrie Bolig

Freshmen Daisy Ettinger, Sophomore Sarah Bolig, Freshmen Bailey Slotter, Junior Sarah Van, Sophomores Hannah Doll and Zach Frey, and Senior William Lapetina prepare to sing.

District Chorus Hit a High Note

By Maegan Bogetti

On January 12 and 13, eleven talented Selinsgrove students attended District Chorus at Berwick High School.

Over the two-day period, the students rehearsed and auditioned for Regional Chorus, put on a concert for the public, and met new friends while learning and expanding their vocal abilities. Six of the eleven Selinsgrove students obtained scores from the judges that were high enough to win them a ticket to Regionals.

In preparation for District Chorus, each auditioning student had to learn eight different pieces of music. They put in countless of hours studying and practicing the pieces with the help of the Selinsgrove Chorus Director Mrs. Rachel Ulsh. In order to qualify, the students needed to exhibit vocal skills and musical talents to the high standard expected for the event.

At auditions, the competitors each had to enter a room where three judges listened to the students perform

a segment of a song between forty-five and sixty seconds long. Only about ten people who tried out in each voice part advanced to Regionals from among the twenty-five who qualified for each part in Districts.

Six Selinsgrove students proudly made the cut for Regional Chorus: seniors Will Lapetina, Rowan Miller, Emma Lewis, and Raechel Council, and sophomores Zach Frey and Hannah Doll.

Hannah Doll had a positive experience at district chorus, expressing how nice it is to "meet people from other schools or see friends you might have from them. It helps to sing in different ensembles because it stretches your abilities to balance or listen to other people around you."

Zach Frey described a similar experience, explaining, "Districts is pretty much where you go and sing with talented people from other schools around the area."

Farm Show Breeds Successful Seals

By Nathan Moyer

The week of Pennsylvania's 101st Farm Show, which took place January 7 through the 14, was a busy time for members of the Selinsgrove FFA Chapter as students competed in various competitions (ranging from animal showing, to presenting research projects, to creating an agriculture display exhibit) and culminated with several students earning their state degrees or receiving their FFA jackets.

On Friday, January 6th, four SAHS FFA members competed in the Agriscience Fair contest. As required for the contest, students created a research project pertaining to an agriculture topic. They formed a hypothesis, designed an experiment, and conducted the experiment.

Using the data, they then were required to write a report and create a display on their project. At the Farm Show, the students brought their displays and presented each project to judges.

Senior Nathan Moyer received first place in the Food Products and Processing System division, and has the opportunity to compete in the national competition in October. Senior Alyssa Landis received sixth place in the Animal Science division. Senior Olivia Fravel and junior Quinn Tomko received an honorable mention in the Animal Science division.

Possibly the busiest and most exciting day of the Farm Show, students attended FFA mid-winter convention on Monday, January 9th. To kick the day off, seven students competed in the Agricultural Issues contest, where teams chose a controversial topic in agriculture, and presented both sides of the issue. The team, consisting of seniors Alyssa Landis, Michael Huggins, Nathan Moyer, and Elizabeth Perkinson, juniors Addie Lannan and Garrett Benfer, and sophomore Kyle Martin, presented the topic of the Veterinary Feed Directive, and received 4th place.

Later in the day, eager students sat in the large arena of the Farm Show complex awaiting the ceremonies of mid-winter convention. Freshman Kaley Long, Dylan Reinard, Hunter Huggins, McKenzie Meiser, Hannah Kline, Mason Hook, and Darrah Yerger received their FFA jackets, sponsored by the Pennsylvania



Photo by Valerie Fry

First year FFA members presented with jackets (left to right) Dylan Reinard, Darrah Yerger, Kaley Long, Hannah Kline, McKenzie Meiser, and Hunter Huggins.

FFA Alumni. In order to earn a jacket, students completed an application and were selected from the pool of applicants.

This year, over 450 jackets were awarded state wide. Watching the sea of white shirts become a sea of blue jackets, Alyssa Landis said, "It's amazing how much we have come since we first put on the jacket. FFA has changed my life. It's great to look at everyone here and know you're a part of something bigger than yourself."

Immediately following, seniors Michael Huggins, Hannah Ross, Elizabeth Perkinson, Alyssa Landis, Nathan Moyer, and Kayla Shaffer received their Keystone Degrees. The Keystone Degree is the highest degree an FFA member can earn in the state. Hundreds of anxious seniors could be seen backstage, before walking across the stage and receiving their certificate and pin.



Photo by Valerie Fry

The six Selinsgrove FFA members holding their Keystone Degrees: (left to right) Nathan Moyer, Michael Huggins, Kayla Shaffer, Elizabeth Perkinson (back), Hannah Ross (front), and Alyssa Landis.

The final day of Farm Show for Selinsgrove FFA began early on Thursday, January 12, when students competed in the Demonstration Speeches contest. These 15-20 minute speeches consisted of students choosing a topic or area in agriculture involving hands-on skills. During the speech, students are required to teach this topic primarily through demonstration.

Michael Huggins and juniors Lizabeth Gemberling and Kyle Martin received 12th place out of 29 teams for their demonstration, *First Aid and CPR for Your Pets*. Kayla Shaffer, Hannah Ross, and Elizabeth Perkinson received 18th place with *Milking Cows 101*.

Other results for students' activities were revealed throughout the week. For the Chapter's Window Exhibit on Equine Infectious Anemia, 12th place was awarded. Two students also competed in animal showmanship. Kayla Shaffer, in Dairy Cattle and Showmanship, won two 3rd place and one 5th place animal, as well as a 4th place showman award. Addie Lannan put on display her Flemish Rabbits and won 2nd place for her intermediate doe.

During the week of the 101st Pennsylvania Farm Show, the entire Selinsgrove FFA became involved and took full advantage of the opportunities.

Let's "Phil" You up on Groundhog Day

By Kiana Brubaker

February 2 has become tradition in both the United States and Canada to predict the upcoming weather based on whether a groundhog sees its shadow—hence the name “Groundhog Day”.

German immigrants brought Groundhog Day to America. In Germany they celebrated the holiday with hedgehogs, but due to a lack of hedgehogs and a surplus of groundhogs in Pennsylvania, they changed the tradition to match their new surroundings.

To go back even further in history, the German holiday surrounds a Christian tradition of Candlemas Day. On this day, the clergy would bless and distribute the amount of candles that would be needed for the remaining days of winter. This would give people an idea of the severity of the winter to come. They added upon this idea by using the hedgehog, a weather-forecasting animal, in place of the candles.

In American, it is believed that if the groundhog comes out of its hole and sees its shadow on February 2, there will be another six weeks of winter. If no shadow appears, it is predicted that winter will come to a quick end, with an early spring on its way.

In Pennsylvania, Clymer H. Freas declared Phil, the Punxsutawney groundhog, the official weather-predicting groundhog in 1887. Clymer was an editor of the Punxsutawney Spirit newspaper at the time and was inspired to make this declaration by a local group of groundhog hunters, known as the Punxsutawney Groundhog Club.

There are many different ways that people celebrate this holiday. Phil is not exclusively the only famous groundhog anymore as many towns have declared their own “Phil’s”. In Ohio they have “Buckeye Chuck”, and one can’t forget “French Creek Freddie” from West Virginia. In Silver Point, Tennessee, they take the tradition even further as someone dresses up as the groundhog and can be spotted on their motorcycle.

To celebrate this holiday, one could make the trip west to Punxsutawney, a 152-mile car drive from Selinsgrove. There is also the option of simply tuning into a live broadcast of the groundhog watch on your local news station. Another alternative is to settle down to watch *Groundhog Day*, a popular movie starring Bill Murray.

What to Expect with President Trump

By: Savanna Foor

Last Friday, January 20, Donald Trump took office as the 45th President of the United States bringing with him promises of extreme change.

During the entire campaign, President Trump made many promises to the American people about what he would absolutely do if he was elected. Some of those promises include stricter borders, less federal funding to organizations such as Planned Parenthood, and ending the “abuse of foreign trade deals”. With his Presidency now in full swing, the American people will soon see if he delivers on his messages.

The Trump Administration also plans on making fighting terrorist groups, such as ISIS, its number one priority in foreign policy. Top officials say that they are considering loosening the restrictions that former President Obama previously put on lethal strikes. Officials are also expecting Trump to conduct more special operations missions while fighting the war on terrorism. Diplomacy changes will be seen most at the State Department.

One of the greatest changes expected is the anti-abortion rule that will block federal funding to organizations such as Planned Parenthood and international charities. Officials have also hinted that Trump will overturn the work that Obama did to free up travel and relations with Cuba. It was vowed during

the entire campaign to “repeal and replace” Obamacare. On inauguration day, President Trump signed an executive order that will ease regulations associated with the Affordable Care Act.

As for the wall between the States and Mexico... no direct source has confirmed that it is happening immediately or not.

President Trump has made some effort to bring more American companies back into the physical United States in order to fulfill his promise to create more work and pay for American citizens.

Regarding his personal businesses, he has also vowed to keep the Trump Industry completely separate from any work he does as President. His children will continue to run the business during his time in office.



Photo by Doug Mills of the New York Times
Donald Trump takes the Oath of Office, on Bibles held by his wife, becoming President.

SPORTS

Boys Basketball Racing Towards Title

By Sam Rodkey

The Selinsgrove boys' basketball team has reached the halfway mark of their season, with an impressive record of 13-3, which puts the team in the hunt for both league and district titles.

The team took on the Milton Black Panthers on January 18, when they won with a final score of 51-47. Senior Brice Harro and junior Thomas Kerstetter led the scoring by contributing 13 points and 12 points. The win gave the team their 11th of the season, which secures a spot for them in the District Four playoffs.

On January 19, the Seals matched up against the Jersey Shore Bulldogs which resulted in another thrilling victory by the score of 64-54. Leading scorer of the game was senior Griffin Kirchner with 20 points. The Seals ended last week with a 30 point victory over Mid-West on Saturday, January 21.

Senior Griffin Kirchner has been forced to step up underneath the basket due to the injury of senior Hunter George, the biggest scoring threat for the Seals all season long. George is hopeful he will be back within the next few weeks after straining his knee in a freak accident during a game.

The teams three losses came from non-league games, making them

undefeated in the league thus far. They will be challenged during the next few weeks, in conference, as they have second games against Shikellamy, Central Mountain, and Shamokin.

When talking to junior forward Tony Dressler about the possibility of a league championship, he stated, "We are definitely in a good position to win it right now, but, we just have to take it one game at a time and continue playing the way we have been".

The boys' basketball team will be back in action at home against their cross-river rivals, Shikellamy, on Wednesday, January 25, at 7:30pm.



Junior Logan Leiby and senior Griffin Kirchner box out after a free throw against the Susquenita Blackhawks.

Lady Seals B-Ball Getting Stronger

By Dawson Klinger

The Selinsgrove Lady Seals basketball team has had their fair share of adversity thus far this year, yet they continue to be successful and grow together.

Under the guidance of head coach Tim Lauver, the team is 9-6 through 15 games and is well on their way to another district playoff appearance. Just making the playoffs is not enough for this team; however, as they have their sights set on a district championship.

Seniors Savanna Foor and Sam Rodkey continue to pave the way for the team, leading them into every game with a smile on their faces and a whole lot of intensity. These two know by now that the team has no room to take any games off and their best effort must be on display every game night.



Senior Savanna Foor looking to pass against Shikellamy.

Rodkey continues to lead the team in scoring, while Foor contributes with her lethal shot and passionate defense. They are not the only potent weapons that the Lady Seals have, as sophomore Marley Sprenkel and junior Courtni Hamm keep getting better day.

Key wins this season have come against Shikellamy, Mid-West (twice), and Lewisburg. When asked whether or not she believed this team has what it takes to win the title, Savanna Foor answered, "This team has had its ups and downs, but there is no doubt in my mind that if we can put it all together, we are as good as anyone in the area. Winning gold is very achievable".

The Lady Seals Basketball team will play next on Tuesday, January 31, at home against Central Mountain at 7:30pm.

Seals Wrestling Finding its Way

By Marley Sprenkel

The Selinsgrove Seals wrestling team is off to a good start this season with excellent leadership from the upperclassmen.

Currently with a record of 7-6, the team has witnessed a good bit of success this season but is not satisfied with where they are overall. The team is coming off a tough loss to rival Shikellamy, which featured two wins by seniors Bryce Reichenbach and Justin Schooley.



Justin Schooley during his win in the match against Shikellamy.

Seals wrestlers never gave up throughout the match and showed a lot of character by battling in each weight class. Wrestling a team like Shikellamy shows

each wrestler where they are compared to others in the area and what they need to improve upon moving forward.

Leading the team with the best individual records are seniors Garrett Campbell and Bryce Reichenbach. Campbell is 17-3, wrestling in the 170 or 182 pound weight class. Reichenbach is now 13-5 and he wrestles in the 132-pound weight class.

These two, as well as Schooley, are captains and using their experience from past years to help this year's team reach their full potential. Bryce Reichenbach explained that, "it's an honor to have been named a captain for my senior season. I have had so much fun with this team over the years, and I guess what sets this year apart is having the opportunity to lead and help the other guys have the same experience I had when I was younger".

The Seals will wrestle again on Monday, January 30 against Southern Columbia in the SAHS gymnasium.

Swimming Team Wins Together

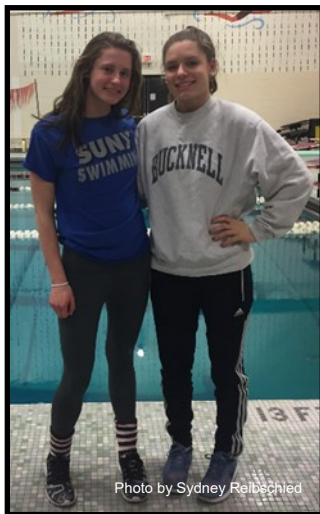
By Megan Keeney

The Selinsgrove swimming team hopes to end their season as strong as they have started it, performing and representing the school very well thus far.

They had two official high school meets, one being an invitational on January 8 at Bucknell University and the other against Lewisburg and Central Columbia high schools.

At the invitational meet, junior Olivia Lee swam the 100 butterfly with a time of 1:04 which earned her a first place medal. She also swam the 100 backstroke in 1:09.6.

At the high school meet on January 12, senior Olivia Fravel swam the 200 IM and also earned a first place finish. Her sister, sophomore Sarah Fravel, earned two second place ribbons in the 100 backstroke and 100 butterfly.



Olivia Fravel and Olivia Lee after practice at Susquehanna University.

"This season is really special to me because it is the last time I will get to swim competitively with my sister, since she is graduating this year," commented Sarah.

The Fravel sisters and Olivia Lee have been the Seals super swimming trio for the past few years and they have been practicing hard at Susquehanna University to improve times and qualify for districts.

Olivia Lee believes team unity is important, "We definitely have improved on becoming closer as a team, we really focus on keeping each other positive, especially if one has a bad race".

The three Selinsgrove star swimmers do not have enough members to compete in relays, but their small team is recognized at local events due to their daily domination of opponents.

Seals Bowling Drops One in the Gutter

By Keanan Wolf

Despite practicing since November 18 and being anxious to get their season underway, the opening match for the Selinsgrove High School Bowling team against Mid-West High School ended up in a double loss for the Seals teams.

For the boys, junior Nick Heimbach had an impressive outing by bowling a series score of 600. A series is the composite score of three rounds of bowling, with a perfect score being a 900.

For the girls, the top performer was junior Piper Klinger. She started off strong, bowling a 236 in her first round.

She then finished off the series with a 173 and 174.

Although some individual bowlers did very well, neither team was able to score enough to earn a team win. After the match, junior Nicole Mark commented that, "we have what it takes to win these matches, we just need to execute better and we will be fine".

The Seals next match is on Wednesday, January 25, against Central Columbia at the P-Nut Bowling Lanes in Bloomsburg.

ENTERTAINMENT

Student Profiles

Sara Long, Senior

What is the best part of the new semester for you? *My art classes.*

If you could send only one more text message in your life, who would you send it to and what would you say? *A group message telling my friends I can't text anymore.*

If you could hold one position of power in politics, what would it be? *Vice President.*

What is one thing you want to accomplish in 2017? *Going to college.*

What do you want to name your kid(s)? *Naomi, Malia, and Jack.*



Kody Showers, Junior

What is the best part of the new semester for you? *New people in my classes.*

If you could send only one more text message in your life, who would you send it to and what would you say? *My mom and I would say "I love you."*

If you could hold one position of power in politics, what would it be? *President.*

What is one thing you want to accomplish in 2017? *Get more in shape.*

What do you want to name your kid(s)? *Reese*



Cassie Stumpf, Sophomore

What is the best part of the new semester for you? *WAHGLISH.*

If you could send only one more text message in your life, who would you send it to and what would you say? *If my dog had a phone I would say "I love you."*

If you could hold one position of power in politics, what would it be? *A senator.*

What is one thing you want to accomplish in 2017? *Successfully drive a car.*

What do you want to name your kid(s)? *Janson and Lucy.*



Wyatt Metzger, Freshman

What is the best part of the new semester for you? *I finally have a gym class.*

If you could send only one more text message in your life, who would you send it to and what would you say? *My parents. I would say "I love you goodbye."*

If you could hold one position of power in politics, what would it be? *President.*

What is one thing you want to accomplish in 2017? *Have a 4.0 GPA.*

What do you want to name your kid(s)? *Ryan Demetrius.*

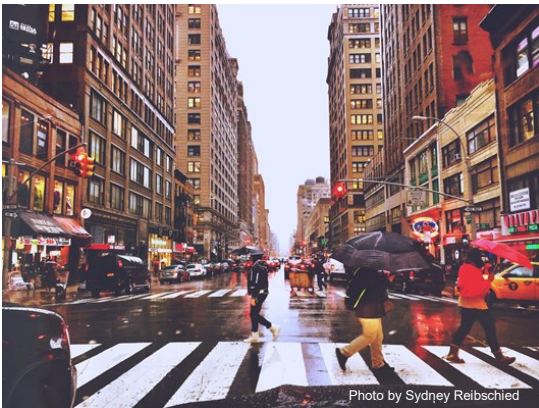


Save This For a Rainy Day

By Sydney Reibschied

Recently, the weather has not been favorable; it has been wet, cold, and foggy. Instead of reminiscing on warmer summer days, here are some fun things to do to make the most of these dreary months.

1. **Game Night:** Have a family game night or invite some friends over for a simple game of Monopoly or Scrabble, playing cards, or putting together a puzzle. A game that I recommend is Obama Llama.
2. **Netflix night:** Start a new series, classic movie, or thoughtful documentary. I recommend watching the hilarious series “New Girl” and the documentary “Happy” while under warm blankets.
3. **Paint/take on a new hobby:** Painting can be a great way to relieve stress and also bring new creativity in your life. Other hobbies such as reading poetry, cooking, concocting your own tea, and relaxing with some yoga are great things to start at any age and will bring some joy into your life.
4. **Go to a museum or exhibit:** Rainy days are ideal for trips to museums because they will most likely be less crowded. Take some time to explore and learn about our world through these outlets.



5. **Try a new restaurant:** Rain or shine, I’m always in the mood to eat. One restaurant that I recommend is the Cherry Ally Café in Lewisburg. It’s especially great for brunch!
6. **Read a book:** This is always a good idea. A book I recommend for the high school age group is “Milk and Honey” by Rupi Kaur, and “The Marshmallow Test” by Walter Mischel.
7. **Discover new music or reconnect with throwbacks:** Create a fun new playlist and invite some friends over for a dance party. No need to have an occasion—dance parties are essential on cold foggy days.



Cartoon by Jenna Eberly



My Turn by Isabel Bailey

On Saturday, January 21, I stood outside the Selinsgrove Post Office with about a 100 other people in the area in support of women, minorities, and civil rights.

As we stood there with signs that read “Keep your hands off my liberty” and “All Lives Matter” others would drive by in their cars and honk, giving us the thumbs up, while some would pass by angrily, middle finger clearly showing through their car window. Yet we were all there together, standing, talking, holding up our signs.

these comments are not words we can hold onto—they fall into an abstraction of cyber space, alienating the worth of words.

On Saturday, Gloria Steinem said it best: “Sometimes we must put our bodies where our beliefs are... pressing ‘send’ is not enough.” It is the same with art, literature, writing, and music. Think *The Second Sex* and *The Origin of the Species*. Think pieces of art like *Liberty Leading the People* and *Guernica*.

Think Obama’s eulogy speech at the funeral of Rev. Clementa Pinckney when he touched the



Members of the greater Selinsgrove Area assembly on federal property outside of the Selinsgrove Post Office to participate in one of the hundreds of “Sister” Women’s March on Saturday, January 21, 2017, in an attempt to highlight issues important to their movement.

The rest of the country modeled the spirit of protest as well—in towns and cities everywhere people stood and marched together. At the Women’s March in Washington, an estimated half-million people marched to support the idea that women’s rights are human rights. In these times of uncertainty, we come together to bring hope and determination to one another.

This hope stems from being with others. This real communication of actually talking and being with each other face-to-face is what impacts change. Throughout much of the past year, political messages have been posted on tumblr, twitter, instagram, and facebook, with a lot of the comments being impulsive and offensive.

It doesn’t take much to type a few derogatory phrases on the computer and hit “post.” But, these posts flash before us, and within an hour new ones appear in their stead. Thus,

hearts of many by singing “Amazing Grace.” Think songs like *Born to Run* and *The Times They Are A-Changin’*. Think David Brook’s articles in the New York Times. These pieces of writing, music, literature, and art are iconic pieces that celebrate our humanity.

These works stand on pedestals because they are ways of expression that do not appear in the form of a screen—they stick with us longer, resonate with us, and ultimately demonstrate truth.

Art and personal communication encourages thought and demands emotion; social media does not. As we stand together throughout all areas of the U.S to protest, we need to reflect on the significance that communicating with one another on a real level offers, and promise ourselves to continue these demonstrations of truth.