



INTERMEDIATE SCHOOL TIMES

November 2017

Calendar of Events

November

5th - Daylight Savings Time

7th - Gr. 4 Artist Workshop
5:00 -6:00pm

10th - Schools Closed

13th - School Board Mtg 7pm

14th - Gr. 4 Artist Workshop
5:00—5:30pm

- PTSO Mtg. 7pm

22nd - Schools Closed

23rd - Schools Closed

24th - Schools Closed

27th - Schools Closed

28th - Schools Closed

December

1st -Gertrude Hawk Candy
Pick-up

2nd - Gertrude Hawk Candy
Pick -up

November 5th



Artist Workshop Dates

4th grade - Nov. 7th 5pm to 6:00pm and 14th from 5pm to 5:30

3 grade - Dec. 5th 5pm to 6:00pm and 12th from 5pm to 5:30

On the first evening of the workshop you and your child (**no siblings please**) will learn how to make a functional piece of pottery together. The 2nd evening you and your child will learn how to apply the finish.

Look for a sign-up sheet to be sent home with your child near the following dates:

3rd - November 9

CONGRATULATIONS

Master Madison Maneval is our first **Yoda Master**, in third grade. She has read over 500,000 words for accelerated reader.



R.A.R.E Students for October

3rd Grade

Mr. Moll

Joslyn Zacharda, Delton Sims

Mrs. Foor

Abigail Trometter, Jayden
Muniz

Mrs. Varner

Reagan Moll, Rocco Amato

Mrs. McEvoy

Giovanna (Gigi) Veach, Isabella
Furgison

Mrs. Pope

Danika Burd, Grant Sassaman

Ms. O'Malley

Talia Mowery, Xaivier Jackson

Ms. McCartney

Kaylee Henninger, Aaron
Witmer

Mrs. Briggs

Lindsey Reichenbach, Gabriel
Lannan

4th Grade

Mr. Sees

Jacob Beddall, Emily Aument

Mrs. Catherman

Kodijo Sechrist, Lomond
Rodgers

Ms. Wolf

Brett Rice, Courtney Smith

Mrs. Lantz

Madalynn Botticher, Robert
Kruskie III

Mrs. Steiner

Chase Hess, Elise Zimmerman

Mrs. Drzewiecki

Leah Wright, John Ke

Mr. Moyer

Mrs. Bordner
Carly Scorsone, Landon
Spriggle

Mrs. Montesinos

Chase Carter, Olivia Wallick

5th Grade

Mrs. Gulick

Charles (Char) Moll, Peyton
Grose

Mrs. Stauffer

Conner Laubach, McKenzie Teats

Mrs. Gasteiger

Trevor Kratzer, Molly Naugle

Mr. Showers

Violet Hummel, Mekhi Richard

Mrs. Hackenberger

Kiarra Neilson, Cole Orner

Mr. Ettinger

LeAnna Hoover, Clayton Davis

Mrs. Jackson

Cindy Shi, Nathan Martin

Miss Jenkins

Caitlin Peterson, Isaiah Fegley

Mrs. Moyer

Logan Bitting, Emily Flint

Mrs. Whitford

Joshua Jennings, Lauren Gessner

Millionaires Club

The first fifth grader to read 1,000,000 words was Riley Hermann on September 28th. Jace Diehl and Will Magee both reached the 1,000,000 mark on October 10th. Our newest millionaire is Diana Ivankina on October 12th. Congratulate these great readers when you see them.



Who will be the next millionaire????????

Report to **PARENTS**

So Many Activities, So Little Time

Students who are involved in extracurricular activities—from chess club to cheerleading to chorus—tend to have higher self-esteem and stronger connections to school. But an overloaded schedule with too many activities can have the opposite effect, leaving your child—and you!—stressed. Keep these tips in mind for managing your child's activity load.

Aim for 3 activities.

Though every child is different, psychologists often suggest involving a child in no more than three activities at a time: one social activity (like Boys' Club or a church group); one physical activity (like gymnastics, swimming, or basketball); and one artistic activity, such as an art class or music lessons.

Limit involvement.

To avoid burnout, keep involvement in any one activity to just a day or two a week, unless your child absolutely begs for more. Check with them periodically to make sure they are still eager to attend; if not, scale back.

Broaden their horizons.

Although following your child's interests is important, introduce your child to something new, whether it's a new sport, a musical instrument, or a group like Boy Scouts or Girl Scouts.

The secret to keeping enthusiasm high is to start slowly and gauge your child's interest before committing beyond the first few sessions.

Be supportive, not critical.

No matter what your child is interested in, remember that your job as a parent is to be supportive. The point of activities is to expand your child's interests and abilities, not to transform him or her into a child prodigy or the next sports superstar.

Schedule downtime.

Children need time to ponder, explore, and play—but an overloaded schedule prevents that. Make sure that when the day is over and the homework is done, there's still time for your child to be a kid.

Change it up.

Specializing in one activity—especially a sport—at a very young age can be harmful. Pediatricians discourage the kind of repetitive movements that come from concentrated effort in one sport. Plus, kids who dedicate themselves to a single sport early can burn out later and may regret not trying other sports.

Watch for signs of stress.

The stress of trying to keep up with too many planned activities can take a physical toll on your child. Watch for signs of stress, including stomachaches and headaches, difficulty paying attention, a drop-off in interest in activities he or she used to enjoy, and increased "clinginess" with a parent or other close adult (e.g., teacher, babysitter). If you notice any of these signs, chances are your child needs to cut back on activities and de-stress.

Decompress at home.

Make sure there's room in your schedule for family time. Children need to have meals with their parents, hear bedtime stories, share chores, and play games. Extra-curricular activities can help children learn and grow, but remember that what your child needs first and foremost is to feel special and loved.

