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# Selinsgrove High School Menu

## November 2024

\*\* Menu Subject to Change

### 2024-25 High School Student

#### Meal Prices

**Breakfast: FREE** to ALL Students  
Served 8:00AM-8:20AM Daily  
Daily Menu Items and Cold Cereal  
Options available  
EVERY Student must take a Fruit OR Juice to count as Breakfast

#### Lunch:

Free/Reduced Students —FREE  
Paid —\$2.70  
EVERY student must take a Vegetable OR Fruit to count as a Lunch

<p><b>Also Available Daily for BREAKFAST:</b></p> <p>Variety of Cereal w/Bear Graham Crackers OR Muffin OR Nutrigrain Bar</p> <p>Bagel w/jelly or Cream Cheese</p> <p>WGR Poptarts (2)</p> <p>WGR Cereal Bar</p> <p>Warm Fruit Filled Frudel</p> <p>Moolattes available every Tuesday &amp; Thursday in place of your milk <u>OR</u> a la carte</p>	<p><b>Grab –n– Go Daily Specials</b></p> <p><b>Mondays:</b> Cheesesteak Sandwich</p> <p><b>Tuesdays:</b> Bacon Cheeseburger</p> <p><b>Wednesdays:</b> Corn Dog</p> <p><b>Thursdays:</b> Rib a Que Sandwich</p> <p><b>Fridays:</b> Chicken Cordon Bleu Sandwich on Pretzel Bun</p> <p><b>ALSO available DAILY:</b> Cheeseburger, Breaded Chicken OR Spicy Chicken Sand., Variety of Subs &amp; Wraps, Yogurt, PB&amp;J, Hummus &amp; Pita Chips</p>	<p><b>Weekly PIZZA Specials</b></p> <p><b>11/1:</b> BBQ Chicken Pizza</p> <p><b>11/4-8:</b> Bacon Chicken Ranch Pizza</p> <p><b>11/12-15:</b> Pepperoni Pizza</p> <p><b>11/18-22:</b> Buffalo Chicken Pizza</p> <p><b>11/25-26:</b> Meat Lovers Pizza</p> <p><b>Cheese Pizza available DAILY!</b></p>	<p><b>FEATURED WEEKLY SALADS:</b></p> <p><b>11/1:</b> Chef Salad w/WG Breadsticks</p> <p><b>11/4-8:</b> Chicken Caesar Salad w/Soft Pretzel Rods</p> <p><b>11/12-15:</b> Harvest Apple Chicken Salad w/WG Breadsticks</p> <p><b>11/18-22:</b> Turkey Club Salad w/WGR Roll</p> <p><b>11/25-26:</b> Chef Salad w/WGR Breadsticks</p>	<p><b>Nov. 1 Breakfast</b> Freshly Baked WG Cinnamon Roll Fruit &amp; Juice Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Sloppy Joe on Roll</p> <p><b>Choose at least 1 Fruit or Veg</b> Seasoned Potatoes Mandarin Oranges Fresh Fruit or Veggies</p>
<p><b>NOV. 4 Breakfast</b> Pancakes w/Sausage Fruit &amp; Juice Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Popcorn Chicken w/WG Roll</p> <p><b>Choose at least 1 Fruit or Veg</b> Mashed Potatoes w/Gravy Corn Peaches Fresh Fruit or Veggies</p>	<p><b>NOV. 5 Breakfast</b> Breakfast Pizza Fruit &amp; Juices Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Pulled Pork Sandwich</p> <p><b>Choose at Least 1 Fruit or Veg</b> Baked Sweet Potato <u>OR</u> Baked Potato Coleslaw Green Beans Mandarin Oranges Fresh Fruit or Veggies</p>	<p><b>NOV. 6 Breakfast</b> French Toast Sticks Fruit &amp; Juice Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Cheeseburger on WG Roll w/let,tom,pickles</p> <p>SIDE: Mini Pierogies</p> <p><b>Choose at Least 1 Fruit or Veg</b> Vegetarian Baked Beans Sliced Peaches Fresh Fruit or Veggies</p> <p>Treat: Ice Cream Cup</p>	<p><b>NOV. 7 Breakfast</b> Breakfast Bagel Sandwich Fruit &amp; Juice Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Regular/Italian/JHam or Turkey &amp; Cheese Hoagie</p> <p><b>Choose at Least 1 Fruit or Veg</b> Sliced Pears Fresh Fruit or Veggies</p> <p>TREAT: Baked Lays Chips</p>	<p><b>NOV. 8 Breakfast</b> Freshly Baked WG Cinnamon Roll Fruit &amp; Juice Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Pasta w/Meatsauce w/Garlic Breadstick</p> <p><b>Choose at Least 1 Fruit or Veg</b> Broccoli Cinnamon Applesauce Fresh Fruit or Veggies</p>

<p><b><u>NOV. 11 Breakfast</u></b></p> <p><b>NO SCHOOL</b> <b>Act 80/Professional Day</b></p> 	<p><b><u>NOV. 12 Breakfast</u></b> Breakfast Pizza Fruit &amp; Juices Choices &amp; Milk</p> <p><b><u>Today's Entree Choices</u></b> Chicken Nuggets w/ Dinner Roll</p> <p><b><u>Choose at Least 1 Fruit or Veg</u></b> Seasoned Curly Fries Applesauce Cup Fresh Fruit or Veggies</p> <p>TREAT: Froot Joos Icee</p>	<p><b><u>NOV. 13 Breakfast</u></b> French Toast Sticks Fruit &amp; Juice Choices &amp; Milk</p> <p><b><u>Today's Entree Choices</u></b> Three Cheese Calzones w/Marinara Sauce</p> <p><b><u>Choose at Least 1 Fruit or Veg</u></b> Steamed Carrots Sliced Peaches Fresh Fruit or Veggies</p>	<p><b><u>NOV.14 Breakfast</u></b> Breakfast Bagel Sandwich Fruit &amp; Juice Choices &amp; Milk</p> <p><b><u>Today's Entree Choices</u></b> Walking Taco w/Lettuce &amp; Tomato w/Seasoned Brown Rice</p> <p><b><u>Choose at least 1 Fruit or Veg</u></b> Refried Beans Pineapple Fresh Fruit or Veggies</p>	<p><b><u>NOV.15 Breakfast</u></b> Freshly Baked WG Cinnamon Roll Fruit &amp; Juice Choices &amp; Milk</p> <p><b><u>Today's Entree Choices</u></b> Grilled Cheese Sandwich</p> <p>Side: Campbell's Tomato Soup</p> <p><b><u>Choose at Least 1 Fruit or Veg</u></b> Steamed Broccoli Sliced Pears Fresh Fruit or Veggies</p>
<p><b><u>NOV. 18 Breakfast</u></b> Pancakes w/Sausage Fruit &amp; Juice Choices &amp; Milk</p> <p><b><u>Today's Entree Choices</u></b> BBQ Cheddar Burger on Bun</p> <p><b><u>Choose at Least 1 Fruit or Veg</u></b> Green Beans Applesauce Fresh Fruit or Veggies</p>	<p><b><u>NOV. 19 Breakfast</u></b> Breakfast Pizza Fruit &amp; Juices Choices &amp; Milk</p> <p><b><u>Today's Entree</u></b> Chicken Parmesan w/Penne &amp; Sauce w/Garlic Breadstick</p> <p><b><u>Choose at Least 1 Fruit or Veg</u></b> Steamed Cauliflower Tossed Salad Pineapple Fresh Fruit or Veggies</p>	<p><b><u>NOV. 20 Breakfast</u></b> French Toast Sticks Fruit &amp; Juice Choices &amp; Milk</p> <p><b><u>Today's Entree</u></b> Hot Dog <u>OR</u> Hot Sausage w/peppers &amp; onions on WG Roll</p> <p><b><u>Choose at Least 1 Fruit or Veg</u></b> Vegetarian Baked Beans Sliced Peaches Fresh Fruit or Veggies</p>	<p><b><u>NOV. 21 Breakfast</u></b> Breakfast Bagel Sandwich Fruit &amp; Juice Choices &amp; Milk</p> <p><b><u>Today's Entree Choices</u></b> THANKSGIVING LUNCH Roasted Turkey w/gravy &amp; Stuffing &amp; Cranberry Sauce</p> <p><b><u>Choose at Least 1 Fruit or Veg</u></b> Mashed Potatoes w/gravy Green Beans Mandarin Oranges Fresh Fruits or Veggies</p> <p>Treat: Assorted Mini Pies</p>	<p><b><u>NOV. 22 Breakfast</u></b> Freshly Baked WG Cinnamon Roll Fruit &amp; Juice Choices &amp; Milk</p> <p><b><u>Today's Entree Choices</u></b> French Toast Sticks &amp; Sausage Patty</p> <p><b><u>Choose at least 1 Fruit or Veg</u></b> Hashbrown Mixed Fruit Apple Juice Fresh Fruit or Veggies</p>
<p><b><u>NOV. 25 Breakfast</u></b> Pancakes w/Sausage Fruit &amp; Juice Choices &amp; Milk</p> <p><b><u>Today's Entree Choices</u></b> General Tso's Chicken w/Steamed Brown Rice</p> <p><b><u>Choose at Least 1 Fruit or Veg</u></b> Steamed Broccoli Applesauce Fresh Fruit or Veggies</p>	<p><b><u>NOV. 26 Breakfast</u></b> Breakfast Pizza Fruit &amp; Juices Choices &amp; Milk</p> <p><b><u>Today's Entree Choices</u></b> Macaroni &amp; Cheese topped with Nashville Hot Chicken Bites</p> <p><b><u>Choose at Least 1 Fruit or Veg</u></b> Stewed Tomatoes Green Beans Sliced Pears Fresh Fruit or Veggies</p>	<p><b><u>NOV. 27 Breakfast</u></b></p> <p><b>NO SCHOOL</b> <b>Thanksgiving Break</b></p>	<p><b><u>NOV. 28 Breakfast</u></b></p> <p><b>NO SCHOOL</b> <b>Thanksgiving Break</b></p> 	<p><b><u>Nov. 29 Breakfast</u></b></p> <p><b>NO SCHOOL</b> <b>Thanksgiving Break</b></p>