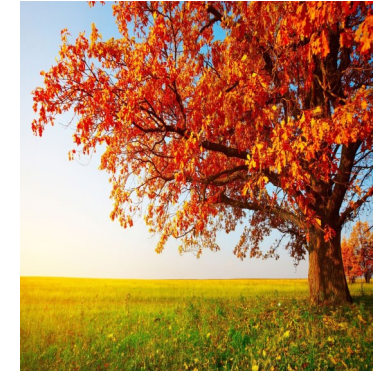




Selinsgrove Intermediate School Menu

November 2024



** Menu Subject to change

<p>take time for school BREAKFAST</p>	<p>NOW HIRING</p> <p>Great employment opportunity while you have a student in school. No nights, no weekends and no Holidays!</p> <p>Hiring cooks for the Elementary and Intermediate Schools</p> <p>Apply online at www.seal-pa.org</p>	<p><u>2024-25 ES/IS Student Meal Prices</u></p> <p>Breakfast: FREE to ALL Students Served 8:00AM-8:20AM Daily Daily Menu Items and Cold Cereal Options available EVERY Student must take a Fruit OR Juice to count as Breakfast</p> <p>Lunch: Free/Reduced Students —FREE Paid —\$2.50 EVERY student must take a Vegetable OR Fruit to count as a Lunch</p>	<p>Apply online for Free/Reduced Meals at Schoolcafe.com</p> <p>Need help with meal application or have questions, contact Mrs. Frederick at rfr frederick@seal-pa.org OR 570-372-2206</p> <p>Visit Myschoolbucks.com to:</p> <ol style="list-style-type: none"> 1) View your student's purchases for free 2) Receive low meal account balance notifications for free 3) Pay online using a credit card for meals & a la carte items (nominal fee charged by Company for online prepayments) 	<p>Nov. 1 Breakfast Freshly Baked WG Cinnamon Roll Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices Sloppy Joe on Roll Chef Salad w/Soft Pretzel Rods Chex Cereal, Grahams, Yogurt PB&J Sand w/String Cheese</p> <p>Choose at least 1 Fruit or Veg Seasoned Potatoes Mandarin Oranges Fresh Fruit or Veggies</p>
<p>NOV. 4 Breakfast Pancakes w/Sausage Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices Popcorn Chicken w/WG Roll Chef Salad w/WG Roll Bologna & Cheese Sandwich PB&J Sand w/String Cheese</p> <p>Choose at least 1 Fruit or Veg Mashed Potatoes w/Gravy Corn Peaches Fresh Fruit or Veggies</p>	<p>NOV. 5 Breakfast Warm Fruit Filled Frudel Fruit & Juices Choices & Milk</p> <p>Today's Entree Choices Big Daddy's Pizza Chef Salad w/WG Roll Bologna & Cheese Sandwich PB&J Sand w/String Cheese</p> <p>Choose at Least 1 Fruit or Veg Broccoli Celery w/Peanut Butter Mandarin Oranges Fresh Fruit</p>	<p>NOV. 6 Breakfast French Toast Sticks Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices Cheeseburger on WG Roll w/let, tom, pickles Chef Salad w/WG Roll Bologna & Cheese Sandwich PB&J Sand w/String Cheese SIDE: Mini Pierogies</p> <p>Choose at Least 1 Fruit or Veg Vegetarian Baked Beans Sliced Peaches Fresh Fruit or Veggies</p> <p>Treat: Ice Cream Cup</p>	<p>NOV. 7 Breakfast Breakfast Bagel Sandwich Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices Regular or Turkey & Cheese Hoagie Chef Salad w/WG Roll Bologna & Cheese Sandwich PB&J Sand w/String Cheese</p> <p>Choose at Least 1 Fruit or Veg Sliced Pears Fresh Fruit or Veggies</p> <p>TREAT: Baked Lays Chips</p>	<p>NOV. 8 Breakfast Freshly Baked WG Cinnamon Roll Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices Pasta w/Meatsauce w/Garlic Breadstick Chef Salad w/WG Roll Bologna & Cheese Sandwich PB&J Sand w/String Cheese</p> <p>Choose at Least 1 Fruit or Veg Green Beans Cinnamon Applesauce Fresh Fruit or Veggies</p>

<p>NOV. 11 Breakfast</p> <p>NO SCHOOL Act 80/Professional Day</p> 	<p>NOV. 12 Breakfast Warm Fruit Filled Frudel Fruit & Juices Choices & Milk</p> <p>Today's Entree Choices Chicken Nuggets w/ Dinner Roll Chef Salad w/WG Soft Pretzel Rods Turkey & Cheese Sandwich PB&J Sand w/Yogurt</p> <p>Choose at Least 1 Fruit or Veg French Fries Applesauce Cup Fresh Fruit or Veggies</p> <p>TREAT: Animal Crackers</p>	<p>NOV. 13 Breakfast French Toast Sticks Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices Three Cheese Calzones w/Marinara Sauce Chef Salad w/WG Soft Pretzel Rods Turkey & Cheese Sandwich PB&J Sand w/Yogurt</p> <p>Choose at Least 1 Fruit or Veg Steamed Carrots Sliced Peaches Fresh Fruit or Veggies</p>	<p>NOV.14 Breakfast Breakfast Bagel Sandwich Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices Soft Taco w/Lettuce & Tomato w/Seasoned Brown Rice Chef Salad w/WG Soft Pretzel Rods Turkey & Cheese Sandwich PB&J Sand w/Yogurt</p> <p>Choose at least 1 Fruit or Veg Refried Beans Pineapple Fresh Fruit or Veggies</p>	<p>NOV.15 Breakfast Freshly Baked WG Cinnamon Roll Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices Grilled Cheese OR Grilled Ham & Cheese Sandwich Chef Salad w/WG Soft Pretzel Rods Turkey & Cheese Sandwich PB&J Sand w/Yogurt</p> <p>Side: Campbell's Tomato Soup</p> <p>Choose at Least 1 Fruit or Veg Steamed Broccoli Sliced Pears Fresh Fruit or Veggies</p>
<p>NOV. 18 Breakfast Pancakes w/Sausage Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices Nardone's Stuffed Crust Pizza Chef Salad w/WG Roll Lebanon Bologna & Cheese Sandwich PB&J Sand w/String Cheese</p> <p>Choose at Least 1 Fruit or Veg Green Beans Applesauce Fresh Fruit or Veggies</p>	<p>NOV. 19 Breakfast Warm Fruit Filled Frudel Fruit & Juices Choices & Milk</p> <p>Today's Entree Chicken Parmesan w/Penne & Sauce w/Garlic Breadstick Chef Salad w/WG Roll Lebanon Bologna & Cheese Sandwich PB&J Sand w/String Cheese</p> <p>Choose at Least 1 Fruit or Veg Steamed Cauliflower Tossed Salad Pineapple Fresh Fruit or Veggies</p>	<p>NOV. 20 Breakfast French Toast Sticks Fruit & Juice Choices & Milk</p> <p>Today's Entree Hot Dog on WG Roll Chef Salad w/WG Roll Lebanon Bologna & Cheese Sandwich PB&J Sand w/String Cheese</p> <p>Choose at Least 1 Fruit or Veg Vegetarian Baked Beans Sliced Peaches Fresh Fruit or Veggies</p>	<p>NOV. 21 Breakfast Breakfast Bagel Sandwich Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices THANKSGIVING LUNCH Roasted Turkey w/gravy & Stuffing & Cranberry Sauce Chef Salad w/WG Roll Lebanon Bologna & Cheese Sandwich PB&J Sand w/String Cheese</p> <p>Choose at Least 1 Fruit or Veg Mashed Potatoes w/gravy Green Beans Mandarin Oranges Fresh Fruits or Veggies Treat: Assorted Mini Pies</p>	<p>NOV. 22 Breakfast Freshly Baked WG Cinnamon Roll Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices French Toast Sticks & Sausage Patty Chef Salad w/WG Roll Lebanon Bologna & Cheese Sandwich PB&J Sand w/String Cheese</p> <p>Choose at least 1 Fruit or Veg Hashbrown Mixed Fruit Apple Juice Fresh Fruit or Veggies</p>
<p>NOV. 25 Breakfast Pancakes w/Sausage Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices General Tso's Chicken w/Steamed Brown Rice Chef Salad w/WG Roll Ham & Cheese Sandwich PB&J Sand w/Yogurt</p> <p>Choose at Least 1 Fruit or Veg Steamed Broccoli Applesauce Fresh Fruit or Veggies</p>	<p>NOV. 26 Breakfast Warm Fruit Filled Frudel Fruit & Juices Choices & Milk</p> <p>Today's Entree Choices Macaroni & Cheese w/Chicken Tenders Chef Salad w/WG Roll Ham & Cheese Sandwich PB&J Sand w/Yogurt</p> <p>Choose at Least 1 Fruit or Veg Stewed Tomatoes Green Beans Sliced Pears Fresh Fruit or Veggies</p>	<p>NOV. 27 Breakfast</p> <p>NO SCHOOL Thanksgiving Break</p>	<p>NOV. 28 Breakfast</p> <p>NO SCHOOL Thanksgiving Break</p> 	<p>Nov. 29 Breakfast</p> <p>NO SCHOOL Thanksgiving Break</p>