



Intermediate School Menu

April 2025

**** Menu Subject to change**



24-25 ES/IS Student Meal Prices

Breakfast: FREE to ALL Students

Served 8:00AM-8:20AM Daily

Daily Menu Items and Cold Cereal

Options available

EVERY Student must take a Fruit OR Juice to count as Breakfast

Lunch:

Free/Reduced Students —FREE

Paid —\$2.50

EVERY student must take a Vegetable OR Fruit to count as a Lunch

APR 1 Breakfast

Warm Sprinkle Waffle
Fruit & Juices Choices & Milk

Today's Entree Choices

Corn Dog Nuggets
Grilled Chicken Garden Salad w/WG Roll
Lebanon Bologna & Cheese Sandwich
PB&J Sand w/Yogurt

Side: Buttered Noodles

Choose at least 1 Fruit or Veg

Vegetarian Baked Beans
Mandarin Oranges
Fresh Fruit or Veggies

APR 2 Breakfast

Warm Fruit Filled Frudel
Fruit & Juice Choices & Milk

Today's Entree Choices

Nardone's Buffalo Chicken Pizza OR Nardone's Stuffed Crust Pizza
Grilled Chicken Garden Salad w/WG Roll
Lebanon Bologna & Cheese Sandwich
PB&J Sand w/Yogurt

Choose at Least 1 Fruit or Veg

California Blend Vegetables
Cinnamon Applesauce
Fresh Fruit or Veggies

APR 3 Breakfast

French Toast Sticks
Fruit & Juice Choices & Milk

Today's Entree Choices

Regular OR Turkey & Cheese Hoagie
Grilled Chicken Garden Salad w/WG Roll
Lebanon Bologna & Cheese Sandwich
PB&J Sand w/Yogurt

Choose at least 1 Fruit or Veg

Pineapple
Fresh Fruit or Veggies
Treat: Baked Lays Chips

APR 4 Breakfast

Freshly Baked WG Cinnamon Roll
Fruit & Juice Choices & Milk

Today's Entree Choices

Breaded Mozzarella Cheesesticks
w/Marinara Sauce
Grilled Chicken Garden Salad w/WG Roll
Lebanon Bologna & Cheese Sandwich
PB&J Sand w/Yogurt

Choose at least 1 Fruit or Veg

Peas
Sliced Pears
Fresh Fruit or Veggies

Treat: Vanilla Chatsnax Crackers

APR 7 Breakfast

PANCAKES & Sausage
Fruit & Juice Choices & Milk

Today's Entree Choices

Three Cheese OR Buffalo Cheese Calzones
w/Marinara Sauce
Chef Salad w/WG Roll
Ham & Cheese Sandwich
PB&J Sand w/String Cheese

Choose at least 1 Fruit or Veg

Steamed Carrots
Assorted Canned Fruit
Fresh Fruit or Veggies

APR 8 Breakfast

Warm Sprinkle Waffle
Fruit & Juices Choices & Milk

Today's Entree Choices

Chicken & Cheese Quesadilla
w/Salsa w/brown rice
Chef Salad w/WG Roll
Ham & Cheese Sandwich
PB&J Sand w/String Cheese

Choose at least 1 Fruit or Veg

Green Beans
Sliced Peaches
Fresh Fruit or Veggies

APR 9 Breakfast

Warm Fruit Filled Frudel
Fruit & Juice Choices & Milk

Today's Entree Choices

Chicken Patty Sandwich w/let,tom,pickles
Chef Salad w/WG Roll
Ham & Cheese Sandwich
PB&J Sand w/String Cheese

Choose at Least 1 Fruit or Veg

Corn
Applesauce
Fresh Fruit or Veggies

APR 10 Breakfast

French Toast Sticks
Fruit & Juice Choices & Milk

SPRING LUNCH

Today's Entree Choices

Roast Turkey w/gravy & stuffing & Cranberry Sauce
Chef Salad w/WG Roll
Ham & Cheese Sandwich
PB&J Sand w/String Cheese

Choose at Least 1 Fruit or Veg

Mashed Potatoes w/gravy
Green Bean & Carrot Blend
Frozen Strawberry Cup
Fresh Fruits & Veggies

Treat: Ice Cream

APR 11 Breakfast

Freshly Baked WG Cinnamon Roll
Fruit & Juice Choices & Milk

Today's Entree Choices

Grilled Cheese OR Grilled Ham & Cheese Sandwich
Chef Salad w/WG Roll
Ham & Cheese Sandwich
PB&J Sand w/String Cheese

Soup: Campbell's Tomato Soup

Choose at least 1 Fruit or Veg

Steamed Broccoli
Sliced Pears
Fresh Fruit or Veggies

TREAT: Goldfish Crackers

<p><u>APR 14 Breakfast</u> Pancake & Sausage Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Chicken Nuggets w/Soft Pretzel Rod Grilled Chicken Garden Salad w/WG Roll Turkey & Cheese Sandwich PB&J Sand w/Yogurt</p> <p><u>Choose at least 1 Fruit or Veg</u> Steamed Broccoli Asst. Canned Fruit Fresh Fruit or Veggies</p>	<p><u>APR 15 Breakfast</u> Warm Sprinkle Waffle Fruit & Juices Choices & Milk</p> <p><u>Today's Entree Choices</u> Big Daddy's Pizza Grilled Chicken Garden Salad w/WG Roll Turkey & Cheese Sandwich PB&J Sand w/Yogurt</p> <p><u>Choose at least 1 Fruit or Veg</u> Glazed Carrots Applesauce Fresh Fruit or Veggies</p>	<p><u>APR 16 Breakfast</u> Warm Fruit Filled Frudel Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Cheeseburger w/let,tom & pickle Grilled Chicken Garden Salad w/WG Roll Turkey & Cheese Sandwich PB&J Sand w/Yogurt</p> <p><u>Choose at least 1 Fruit or Veg</u> French Fries Mixed Fruit Fresh Fruit or Veggies</p>	<p><u>APR 17</u></p> <p>NO SCHOOL SPRING BREAK</p>	<p><u>APR 18</u></p> <p>NO SCHOOL SPRING BREAK</p>
<p><u>APR 21</u></p> <p>NO SCHOOL SPRING BREAK</p>	<p><u>APR 22 Breakfast</u> Warm Sprinkle Waffle Fruit & Juices Choices & Milk</p> <p><u>Today's Entree Choices</u> Pancakes w/ Sausage Patty Chef Salad w/WG Roll Chex Cereal, Grahams,Yogurt PB&J Sand w/String Cheese</p> <p><u>Choose at least 1 Fruit or Veg</u> Hashbrown Mixed Fruit Apple Juice Fresh Fruit or Veggies</p>	<p><u>APR 23 Breakfast</u> Warm Fruit Filled Frudel Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Chicken Patty Sandwich Chef Salad w/WG Roll Chex Cereal, Grahams,Yogurt PB&J Sand w/String Cheese</p> <p><u>Choose at least 1 Fruit or Veg</u> Crinkle Cut Sweet Potato Fries Applesauce Fresh Fruit or Veggies</p> <p>Treat: Froot Jooce Ice</p>	<p><u>APR 24 Breakfast</u> French Toast Sticks Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Turkey & Waffles w/gravy Chef Salad w/WG Roll Chex Cereal, Grahams,Yogurt PB&J Sand w/String Cheese</p> <p><u>Choose at least 1 Fruit or Veg</u> Mashed Potatoes w/ Gravy Pineapple Fresh Fruit & Veggies</p>	<p><u>APR 25 Breakfast</u> Freshly Baked WG Cinnamon Roll Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Macaroni & Cheese w/Fish Sticks Chef Salad w/WG Roll Chex Cereal, Grahams,Yogurt PB&J Sand w/String Cheese</p> <p><u>Choose at least 1 Fruit or Veg</u> Stewed Tomatoes Peas Sliced Pears Fresh Fruit or Veggies</p>
<p><u>APR 28 Breakfast</u> Pancake & Sausage Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> BBQ Pulled Pork Sandwich Grilled Chicken Garden Salad w/WG Roll Turkey & Cheese Sandwich PB&J Sand w/Yogurt</p> <p><u>Choose at least 1 Fruit or Veg</u> Seasoned Curly Fries Pineapple Cole Slaw Fresh Fruit & Veggies</p>	<p><u>APR 29 Breakfast</u> Warm Sprinkle Waffle Fruit & Juices Choices & Milk</p> <p><u>Today's Entree Choices</u> Cheeseburger w/let,tom & pickle Grilled Chicken Garden Salad w/WG Roll Turkey & Cheese Sandwich PB&J Sand w/Yogurt</p> <p><u>Choose at least 1 Fruit or Veg</u> Smiley Fries Mandarin Oranges Fresh Fruit & Veggies</p>	<p><u>APR 30 Breakfast</u> Warm Fruit Filled Frudel Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Chicken Alfredo w/ WG Garlic Breadstick Grilled Chicken Garden Salad w/WG Roll Turkey & Cheese Sandwich PB&J Sand w/Yogurt</p> <p><u>Choose at least 1 Fruit or Veg</u> Steamed Broccoli Tossed Salad w/dressings Peaches Fresh Fruit</p>	<p>pply for Free/Reduced meals any time during the school year at Schoolcafe.com</p> <p>Go to myschoolbucks.com to:</p> <ul style="list-style-type: none"> • View what your student is purchasing • Receive notifications when their account balance is low • Pay for meals online using a credit card (nominal fee charged by the company) <p>You can also pay for meals by sending cash with your student, send check with your student (made out to SASD Food & Nutrition Dept), or mail check to our dept.</p>	