




SASD Middle School Menu

May 2025



****Menu Subject to Change**

<p><u>Notice:</u></p> <p>ALL debts to the Cafeteria MUST be paid in full by Friday, May 23rd</p> <p>You may pay online at Myschoolbucks.com, cash or check at the register (check made out to SASD Food & Nutrition Department)</p>	 <p>Looking for a job while your child/grandchild is in school?</p> <p>We are hiring Cooks and Substitute Kitchen Employees for the 2025-26 school year. Apply online at SASD's website (click on the "Employment" link at top of the website).</p> <p>We will conduct interviews in July/early August.</p>	<p><u>2024-25 MS/HS Student Meal Prices</u></p> <p>Breakfast: FREE to ALL Students Served 8:00AM-8:20AM Daily Daily Menu Items and Cold Cereal Options available EVERY Student must take a Fruit OR Juice to count as Breakfast</p> <p>Lunch: Free/Reduced Students —FREE Paid —\$2.70 EVERY student must take a Vegetable OR Fruit to count as a Lunch</p> <p>Apply for Free/Reduced meals any time during the school year at Schoolcafe.com</p>	<p><u>MAY 1 Breakfast</u> French Toast Sticks Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Egg & Cheese Breakfast Sandwich OR Ham, Egg & Cheese Breakfast Sandwich Grilled Chicken Garden Salad w/WG Roll Turkey & Cheese Sandwich PB&J Sand w/Yogurt</p> <p><u>Choose at least 1 Fruit or Veg</u> Hash Brown Asst. Canned Fruit Orange Juice Fresh Fruit or Veggies</p>	<p><u>MAY 2 Breakfast</u> Freshly Baked WG Cinnamon Roll Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Breaded Mozzarella Cheesesticks w/Marinara Sauce Grilled Chicken Garden Salad w/WG Roll Turkey & Cheese Sandwich PB&J Sand w/Yogurt</p> <p><u>Choose at least 1 Fruit or Veg</u> Peas Sliced Pears Fresh Fruit or Veggies</p> <p>Treat: Vanilla Chatsnax Crackers</p>
<p><u>MAY 5 Breakfast</u> Pancakes & Sausage Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Tacos w/let,tom,cheese,salsa,sr crm w/ brown rice Chef Salad w/WG Roll Lebanon Bologna Sandwich PB&J Sand w/String Cheese</p> <p><u>Choose at least 1 Fruit or Veg</u> Refried Beans Sliced Peaches Fresh Fruit or Veggies</p>	<p><u>MAY 6 Breakfast</u> Warm Sprinkle Waffle Fruit & Juices Choices & Milk</p> <p><u>Today's Entree Choices</u> Chicken Patty Sandwich w/let,tom,pickles Chef Salad w/WG Roll Lebanon Bologna Sandwich PB&J Sand w/String Cheese</p> <p><u>Choose at Least 1 Fruit or Veg</u> Corn Applesauce Fresh Fruit or Veggies</p>	<p><u>MAY 7 Breakfast</u> Cook's Choice Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> PA Beef Cheeseburgers w/let,tom,pickles Chef Salad w/WG Roll Lebanon Bologna Sandwich PB&J Sand w/String Cheese</p> <p><u>Choose at least 1 Fruit or Veg</u> Steamed Carrots Assorted Canned Fruit Fresh Fruit or Veggies</p>	<p><u>MAY 8 Breakfast</u> French Toast Sticks Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Pulled Pork loaded Nachos w/cheese sauce, let,tom,salsa,banana peppers, sour cream Chef Salad w/WG Roll Lebanon Bologna Sandwich PB&J Sand w/String Cheese</p> <p><u>Choose at Least 1 Fruit or Veg</u> Green Beans Pineapple Fresh Fruit or Veggies</p> <p>Treat: Assorted Choices</p>	<p><u>MAY 9 Breakfast</u> Freshly Baked WG Cinnamon Roll Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Grilled Cheese Sandwich Chef Salad w/WG Roll Lebanon Bologna Sandwich PB&J Sand w/String Cheese</p> <p>Soup: Campbell's Tomato Soup</p> <p><u>Choose at least 1 Fruit or Veg</u> Steamed Broccoli Sliced Pears Fresh Fruit or Veggies</p> <p>TREAT: Goldfish Crackers</p>

<p><u>MAY 12 Breakfast</u> Pancake & Sausage Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Chicken Nuggets w/Soft Pretzel Rod Grilled Chicken Garden Salad w/WG Roll Ham & Cheese Sandwich PB&J Sand w/Yogurt</p> <p><u>Choose at least 1 Fruit or Veg</u> Steamed Broccoli Asst. Canned Fruit Fresh Fruit or Veggies</p>	<p><u>MAY 13 Breakfast</u> Warm Sprinkle Waffle Fruit & Juices Choices & Milk</p> <p><u>Today's Entree Choices</u> PA Beef Cheesesteak w/peppers and onions Grilled Chicken Garden Salad w/WG Roll Ham & Cheese Sandwich PB&J Sand w/Yogurt</p> <p><u>Choose at least 1 Fruit or Veg</u> Glazed Carrots Applesauce Fresh Fruit or Veggies</p>	<p><u>MAY 14 Breakfast</u> Cook's Choice Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Cheeseburger w/let,tom & pickle Grilled Chicken Garden Salad w/WG Roll Ham & Cheese Sandwich PB&J Sand w/Yogurt</p> <p><u>Choose at least 1 Fruit or Veg</u> Assorted French Fries Peaches Fresh Fruit or Veggies</p> <p>Treat: Fruited Jello</p>	<p><u>MAY 15 Breakfast</u> French Toast Sticks Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Pasta w/Meatsauce Garlic Breadstick Grilled Chicken Garden Salad w/WG Roll Ham & Cheese Sandwich PB&J Sand w/Yogurt</p> <p><u>Choose at least 1 Fruit or Veg</u> Tossed Salad Pineapple Fresh Fruit & Veggies</p>	<p><u>MAY 16 Breakfast</u> Freshly Baked WG Cinnamon Roll Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Fish Sandwich/Fish Sticks w/WG Roll Grilled Chicken Garden Salad w/WG Roll Ham & Cheese Sandwich PB&J Sand w/Yogurt</p> <p><u>Choose at least 1 Fruit or Veg</u> Scalloped Potatoes Green Beans Pears Fresh Fruits or Veggies</p>
<p><u>MAY 19 Breakfast</u> Pancake & Sausage Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Hot Ham & Cheese Sandwich on Pretzel Bun Chef Salad w/WG Roll Chex Cereal, Grahams,Yogurt PB&J Sand w/String Cheese</p> <p><u>Choose at least 1 Fruit or Veg</u> Steamed Broccoli Mandarin Oranges Fresh Fruit or Veggies</p>	<p><u>MAY 20 Breakfast</u> Warm Sprinkle Waffle Fruit & Juices Choices & Milk</p> <p><u>Today's Entree Choices</u> Pancakes w/ Sausage Patty Chef Salad w/WG Roll Chex Cereal, Grahams,Yogurt PB&J Sand w/String Cheese</p> <p><u>Choose at least 1 Fruit or Veg</u> Hashbrown/Tater Tots Peaches Apple Juice Fresh Fruit or Veggies</p>	<p><u>MAY 21 Breakfast</u> Cook's Choice Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Chicken Patty Sandwich Chef Salad w/WG Roll Chex Cereal, Grahams,Yogurt PB&J Sand w/String Cheese</p> <p><u>Choose at least 1 Fruit or Veg</u> Crinkle Cut Sweet Potato Fries Applesauce Fresh Fruit or Veggies</p> <p>Treat: Froot Jooc Ice</p>	<p><u>MAY 22 Breakfast</u> French Toast Sticks Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Cheese Calzones w/Marinara Sauce Chef Salad w/WG Roll Chex Cereal, Grahams,Yogurt PB&J Sand w/String Cheese</p> <p><u>Choose at least 1 Fruit or Veg</u> Green Beans Pineapple Fresh Fruit & Veggies</p>	<p><u>MAY 23 Breakfast</u> Freshly Baked WG Cinnamon Roll Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Nardone's Stuffed Crust Pizza Chef Salad w/WG Roll Chex Cereal, Grahams,Yogurt PB&J Sand w/String Cheese</p> <p><u>Choose at least 1 Fruit or Veg</u> Peas Sliced Pears Fresh Fruit or Veggies</p>
<p><u>MAY 26 Breakfast</u></p> <p>NO SCHOOL</p> <p>MEMORIAL DAY</p>	<p><u>MAY 27 Breakfast</u> Warm Sprinkle Waffle Fruit & Juices Choices & Milk</p> <p><u>Today's Entree Choices</u> Chicken Nuggets w/soft pretzel rods Grilled Chicken Garden Salad w/WG Roll Turkey & Cheese Sandwich PB&J Sand w/String Cheese</p> <p><u>Choose at least 1 Fruit or Veg</u> Smiley Fries Mandarin Oranges Fresh Fruit & Veggies</p>	<p><u>MAY 28 Breakfast</u> Cook's Choice Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Pizza Grilled Chicken Garden Salad w/WG Roll Turkey & Cheese Sandwich PB&J Sand w/String Cheese</p> <p><u>Choose at least 1 Fruit or Veg</u> Steamed Broccoli Tossed Salad w/dressings Peaches Fresh Fruit</p>	<p><u>MAY 29 Breakfast</u> Cook's Choice Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> COOK'S CHOICE Grilled Chicken Garden Salad w/WG Roll Turkey & Cheese Sandwich PB&J Sand w/String Cheese</p> <p><u>Choose at least 1 Fruit or Veg</u> Cook's Choice for Cooked Vegetable Cook's Choice for Canned Fruit Fresh Fruit & Fresh Veggies</p> <p>Treat: Cook's Choice</p>	<p><u>MAY 30 Breakfast</u> Cook's Choice Fruit & Juice Choices & Milk</p> <p>EARLY DISMISSAL NO LUNCH</p> <p>Enjoy your Summer!</p>