

# Selinsgrove High School Menu

## January 2026

\*\*Menu Subject to Change



<p><b>Jan. 5 Breakfast</b> Warm Sprinkle Waffle Fruit &amp; Juice Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Chicken Tenders w/Biscuit NO SALADS TODAY</p> <p><b>Choose at least 1 Fruit or Veg</b> French Fries Sliced Peaches Fresh Fruit &amp; Veggies</p> <p>Treat: Happy New Year Strawberry-Lemonade Italian Ice</p>	<p><b>Jan. 6 Breakfast</b> Breakfast Bagel Pizza Fruit &amp; Juices Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Three Cheese Calzones w/marinara sauce</p> <p><b>Choose at least 1 Fruit or Veg</b> Seasoned Broccoli Sliced Pears Fresh Fruit &amp; Veggies</p>	<p><b>Jan. 7 Breakfast</b> French Toast Sticks Fruit &amp; Juices Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Turkey Club Wrap w/Cheezits</p> <p><b>Choose at Least 1 Fruit or Veg</b> Corn Frozen Strawberry Cup Fresh Fruit or Veggies</p>	<p><b>Jan. 8 Breakfast</b> Breakfast Sandwich Fruit &amp; Juice Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Chicken Nuggets w/Animal Crackers</p> <p><b>Choose at Least 1 Fruit or Veg</b> Crinkle Cut Sweet Potato Fries Applesauce Fresh Fruits or Veggies</p>	<p><b>Jan. 9 Breakfast</b> Warm Cini Mimi Fruit &amp; Juice Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Cheesesteak Sandwich w/peppers &amp; onions</p> <p><b>Choose at Least 1 Fruit or Veg</b> Roasted Cauliflower Pineapple Fresh Fruit or Veggies</p>
<p><b>Jan. 12 Breakfast</b> Yogurt w/Oatmeal Bar Fruit &amp; Juice Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Popcorn Chicken Mashed Potato Bowl w/gravy &amp; Cheddar Cheese &amp; WG Roll</p> <p><b>Choose at least 1 Fruit or Veg</b> Mashed Potatoes w/Gravy Corn Canned Fruit Fresh Fruit or Veggies</p>	<p><b>Jan. 13 Breakfast</b> Breakfast Bagel Pizza Fruit &amp; Juices Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Chicken &amp; Cheese Quesadilla w/salsa</p> <p><b>Choose at Least 1 Fruit or Veg</b> Vegetarian Baked Beans Applesauce Cup Fresh Fruit or Veggies</p>	<p><b>Jan. 14 Breakfast</b> French Toast Sticks Fruit &amp; Juice Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Cheese Filled Bosco Sticks w/marinara sauce</p> <p><b>Choose at Least 1 Fruit or Veg</b> Corn Frozen Peach Cup Fresh Fruit or Veggies</p>	<p><b>Jan. 15 Breakfast</b> Breakfast Sandwich Fruit &amp; Juice Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Salisbury Steak w/gravy served over egg noodles w/Roll</p> <p><b>Choose at Least 1 Fruit or Veg</b> Steamed Broccoli Pears Fresh Fruit &amp; Tossed Salads</p>	<p><b>Jan. 16 Breakfast</b> Warm Cini Mimi Fruit &amp; Juice Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> PA Beef! Cheeseburger w/let,tom,pickles</p> <p><b>SIDE:</b> Mini Pierogies</p> <p><b>Choose at Least 1 Fruit or Veg</b> Seasoned Carrots Celery w/Peanut Butter Pineapple Fresh Fruit</p> <p>Treat: Fruit Jooce Icee</p>

<p><b>Jan. 19 Breakfast</b></p>  <p><b>Today's Entree Choices</b> BBQ Pulled Pork Sandwich</p> <p><b>Choose at Least 1 Fruit or Veg</b> Tater Tots Pineapple Fresh Fruit or Veggies</p>	<p><b>Jan. 20 Breakfast</b> Breakfast Bagel Pizza Fruit &amp; Juices Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Regular or Turkey &amp; Cheese Hoagie</p> <p><b>Choose at least 1 Fruit or Veg</b> Canned Fruit Fresh Fruit or Veggies TREAT: Baked Chips</p>	<p><b>Jan. 21 Breakfast</b> French Toast Sticks Fruit &amp; Juice Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Regular or Turkey &amp; Cheese Hoagie</p> <p><b>Choose at Least 1 Fruit or Veg</b> Canned Fruit Fresh Fruit or Veggies TREAT: Baked Chips</p>	<p><b>Jan. 22 Breakfast</b> Breakfast Sandwich Fruit &amp; Juice Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Loaded Chicken Nachos w/cheese sauce, salsa, lettuce, sour cream</p> <p><b>Choose at Least 1 Fruit or Veg</b> Corn Cinnamon Applesauce Fresh Fruit or Veggies</p>	<p><b>Jan. 23 Breakfast</b> Warm Cini Mini Fruit &amp; Juice Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Chicken Nuggets w/Biscuit</p> <p><b>Choose at Least 1 Fruit or Veg</b> NEW! Roasted Brussel Sprouts Variety of Canned Fruit Fresh Fruit &amp; Veggies</p>
<p><b>Jan. 26 Breakfast</b> Yogurt w/Oatmeal Bar Fruit &amp; Juice Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Bosco Breadsticks w/sauce</p> <p><b>Choose at Least 1 Fruit or Veg</b> Steamed Broccoli Applesauce Fresh Fruit or Veggies</p>	<p><b>Jan. 27 Breakfast</b> Breakfast Bagel Pizza Fruit &amp; Juices Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Chicken &amp; Waffles w/gravy</p> <p><b>Choose at Least 1 Fruit or Veg</b> Mashed Potatoes w/gravy Mixed Berry Frozen Cup Fresh Fruit or Veggies</p>	<p><b>Jan. 28 Breakfast</b> French Toast Sticks Fruit &amp; Juice Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Hot Ham &amp; Cheese Sandwich on Pretzel Bun</p> <p><b>Choose at Least 1 Fruit or Veg</b> Sweet Potato Fries Pears Fresh Fruit or Veggies</p>	<p><b>Jan. 29 Breakfast</b> Breakfast Sandwich Fruit &amp; Juice Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Fish Sandwich</p> <p><b>Choose at Least 1 Fruit or Veg</b> Baked Potato Coleslaw Peaches Fresh Fruit or Veggies</p>	<p><b>Jan. 30 Breakfast</b> Warm Cini Mini Fruit &amp; Juice Choices &amp; Milk</p> <p><b>Today's Entree Choices</b> Chicken Parmesan w/pasta &amp; Garlic Breadstick</p> <p><b>Choose at Least 1 Fruit or Veg</b> Tossed Salad Green Beans Pineapple Fresh Fruit</p>
<p><b>Wednesday MTO Line:</b> 1/7: Pasta Bowl (Chicken Alfredo, meat sauce or marinara) 1/14: Asian Rice Bowl (beef or chicken) 1/21: Baked Potato Bar 1/28: Mexican Rice Bowl</p> <p><b>Weekly PIZZA Specials</b> 1/5-9: Pepperoni Pizza 1/12-16: Buffalo Chicken Pizza 1/20-24: Bacon Chicken Ranch Pizza 1/26-30: Veggie Pizza Cheese Pizza available DAILY</p>	<p><b>Also Available Daily for BREAKFAST:</b> Variety of Cereal w/ChatSnax Cracker Crackers OR Muffin OR Nutrigrain Bar Bagel w/jelly or Cream Cheese WGR Poptarts (2) WGR Cereal Bar</p> <p><b>FEATURED WEEKLY SALADS:</b> 1/6-9: Chef Salad w/2 Cheezits 1/12-16: Chicken Ceasar Salad w/Soft Pretzel Sticks 1/20-24: Chef Salad w/2 Cheezits 1/26-30: Chicken Ceasar Salad w/Soft Pretzel Stick</p>	<p><b>Grab -n- Go Daily Specials</b> 1/5-9: Rib a Que sandwich 1/12-16 Chicken Parm Sandwich 1/20-24: Fish Sandwich 1/26-30: Corndog</p> <p><b>ALSO available DAILY:</b> Cheeseburger, Breaded Chicken OR Spicy Chicken Sand., Variety of Subs/Wraps, Hummus, Yogurt, PB&amp;J Uncrustable</p>	 <p><b>**Reminder – We will be serving Free Breakfast to all students on any 1 or 2 Hour Delay Schedule Days.</b></p>	<p><b>2025-26 High School Student Meal Prices</b> <b>Breakfast:</b> FREE to ALL Students Served 8:00AM-8:20AM Daily Daily Menu Items and Cold Cereal Options available EVERY Student must take a Fruit OR Juice to count as Breakfast <b>Lunch:</b> Free/Reduced Students —FREE Paid —\$2.70 EVERY student must take a Vegetable OR Fruit to count as a Lunch</p>