

Selinsgrove High School Menu

January 2026

**Menu Subject to Change



Jan. 1

NO SCHOOL



Jan. 2

NO SCHOOL

Jan. 5 Breakfast

Warm Sprinkle Waffle
Fruit & Juice Choices & Milk

Today's Entree Choices

Chicken Tenders w/Biscuit
NO SALADS TODAY

Choose at least 1 Fruit or Veg

French Fries
Sliced Peaches
Fresh Fruit & Veggies

Treat: Happy New Year Strawberry-Lemonade
Italian Ice

Jan. 6 Breakfast

Breakfast Bagel Pizza
Fruit & Juices Choices & Milk

Today's Entree Choices

Three Cheese Calzones w/marinara sauce

Choose at least 1 Fruit or Veg

Seasoned Broccoli
Sliced Pears
Fresh Fruit & Veggies

Jan. 7 Breakfast

French Toast Sticks
Fruit & Juices Choices & Milk

Today's Entree Choices

Turkey Club Wrap w/Cheezits

Choose at Least 1 Fruit or Veg

Corn
Frozen Strawberry Cup
Fresh Fruit or Veggies

Jan. 8 Breakfast

Breakfast Sandwich
Fruit & Juice Choices & Milk

Today's Entree Choices

Chicken Nuggets w/Animal Crackers

Choose at Least 1 Fruit or Veg

Crinkle Cut Sweet Potato Fries
Applesauce
Fresh Fruits or Veggies

Jan. 9 Breakfast

Warm Cini Mini
Fruit & Juice Choices & Milk

Today's Entree Choices

Cheesesteak Sandwich w/peppers & onions

Choose at Least 1 Fruit or Veg

Roasted Cauliflower
Pineapple
Fresh Fruit or Veggies

Jan. 12 Breakfast

Yogurt w/Oatmeal Bar
Fruit & Juice Choices & Milk

Today's Entree Choices

Popcorn Chicken Mashed Potato Bowl w/gravy &
Cheddar Cheese & WG Roll

Choose at least 1 Fruit or Veg

Mashed Potatoes w/Gravy
Corn
Canned Fruit
Fresh Fruit or Veggies

Jan. 13 Breakfast

Breakfast Bagel Pizza
Fruit & Juices Choices & Milk

Today's Entree Choices

Chicken & Cheese Quesadilla w/salsa

Choose at Least 1 Fruit or Veg

Vegetarian Baked Beans
Applesauce Cup
Fresh Fruit or Veggies

Jan. 14 Breakfast

French Toast Sticks
Fruit & Juice Choices & Milk

Today's Entree Choices

Cheese Filled Bosco Sticks w/marinara sauce

Choose at Least 1 Fruit or Veg

Corn
Frozen Peach Cup
Fresh Fruit or Veggies

Jan. 15 Breakfast

Breakfast Sandwich
Fruit & Juice Choices & Milk

Today's Entree Choices

Salisbury Steak w/gravy served
over egg noodles w/Roll

Choose at Least 1 Fruit or Veg

Steamed Broccoli
Pears
Fresh Fruit & Tossed Salads

Jan. 16 Breakfast

Warm Cini Mini
Fruit & Juice Choices & Milk

Today's Entree Choices



PA Beef! Cheeseburger w/let,tom,pickles

SIDE: Mini Pierogies

Choose at Least 1 Fruit or Veg

Seasoned Carrots
Celery w/Peanut Butter
Pineapple
Fresh Fruit

Treat: Fruit Jooce Icee

<p><u>Jan. 19 Breakfast</u></p> 	<p><u>Jan. 20 Breakfast</u> Breakfast Bagel Pizza Fruit & Juices Choices & Milk</p> <p><u>Today's Entree Choices</u> BBQ Pulled Pork Sandwich</p> <p><u>Choose at Least 1 Fruit or Veg</u> Tater Tots Pineapple Fresh Fruit or Veggies</p>	<p><u>Jan. 21 Breakfast</u> French Toast Sticks Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Regular or Turkey & Cheese Hoagie</p> <p><u>Choose at least 1 Fruit or Veg</u> Canned Fruit Fresh Fruit or Veggies TREAT: Baked Chips</p>	<p><u>Jan. 22 Breakfast</u> Breakfast Sandwich Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Loaded Chicken Nachos w/cheese sauce, salsa, lettuce, sour cream</p> <p><u>Choose at Least 1 Fruit or Veg</u> Corn Cinnamon Applesauce Fresh Fruit or Veggies</p>	<p><u>Jan. 23 Breakfast</u> Warm Cini Mini Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Chicken Nuggets w/Biscuit</p> <p><u>Choose at Least 1 Fruit or Veg</u> NEW! Roasted Brussel Sprouts Variety of Canned Fruit Fresh Fruit & Veggies</p>
<p><u>Jan. 26 Breakfast</u> Yogurt w/Oatmeal Bar Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Bosco Breadsticks w/sauce</p> <p><u>Choose at Least 1 Fruit or Veg</u> Steamed Broccoli Applesauce Fresh Fruit or Veggies</p>	<p><u>Jan. 27 Breakfast</u> Breakfast Bagel Pizza Fruit & Juices Choices & Milk</p> <p><u>Today's Entree Choices</u> Chicken & Waffles w/gravy</p> <p><u>Choose at Least 1 Fruit or Veg</u> Mashed Potatoes w/gravy Mixed Berry Frozen Cup Fresh Fruit or Veggies</p>	<p><u>Jan. 28 Breakfast</u> French Toast Sticks Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Hot Ham & Cheese Sandwich on Pretzel Bun</p> <p><u>Choose at Least 1 Fruit or Veg</u> Sweet Potato Fries Pears Fresh Fruit or Veggies</p>	<p><u>Jan. 29 Breakfast</u> Breakfast Sandwich Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Fish Sandwich</p> <p><u>Choose at Least 1 Fruit or Veg</u> Baked Potato Coleslaw Peaches Fresh Fruit or Veggies Treat: Cookie</p>	<p><u>Jan. 30 Breakfast</u> Warm Cini Mini Fruit & Juice Choices & Milk</p> <p><u>Today's Entree Choices</u> Chicken Parmesan w/pasta & Garlic Breadstick</p> <p><u>Choose at Least 1 Fruit or Veg</u> Tossed Salad Green Beans Pineapple Fresh Fruit</p>
<p><u>Wednesday MTO Line:</u> 1/7: Pasta Bowl (Chicken Alfredo, meat sauce or marina) 1/14: Asian Rice Bowl (beef or chicken) 1/21: Baked Potato Bar 1/28: Mexican Rice Bowl</p> <p><u>Weekly PIZZA Specials</u> 1/5-9: Pepperoni Pizza 1/12-16: Buffalo Chicken Pizza 1/20-24: Bacon Chicken Ranch Pizza 1/26-30: Veggie Pizza Cheese Pizza available DAILY</p>	<p><u>Also Available Daily for BREAKFAST:</u> Variety of Cereal w/ChatSnax Cracker Crackers OR Muffin OR Nutrigrain Bar Bagel w/jelly or Cream Cheese WGR Poptarts (2) WGR Cereal Bar</p> <p><u>FEATURED WEEKLY SALADS:</u> 1/6-9: Chef Salad w/2 Cheezits 1/12-16: Chicken Ceasar Salad w/Soft Pretzel Sticks 1/20-24: Chef Salad w/2 Cheezits 1/26-30: Chicken Ceasar Salad w/Soft Pretzel Stick</p>	<p><u>Grab –n– Go Daily Specials</u> 1/5-9: Rib a Que sandwich 1/12-16 Chicken Parm Sandwich 1/20-24: Fish Sandwich 1/26-30: Corndog</p> <p><u>ALSO available DAILY:</u> Cheeseburger, Breaded Chicken OR Spicy Chicken Sand., Variety of Subs/Wraps, Hummus, Yogurt, PB&J Uncrustable</p>	 <p>**Reminder – We will be serving Free Breakfast to all students on any 1 or 2 Hour Delay Schedule Days.</p>	<p>2025-26 High School Student Meal Prices Breakfast: FREE to ALL Students Served 8:00AM-8:20AM Daily Daily Menu Items and Cold Cereal Options available EVERY Student must take a Fruit OR Juice to count as Breakfast Lunch: Free/Reduced Students —FREE Paid —\$2.70 EVERY student must take a Vegetable OR Fruit to count as a Lunch</p>