



Selinsgrove High School Menu MAY 2026

** Menu Subject to Change



2025-26 High School Student Meal Prices

Breakfast: FREE to ALL Students
Served 8:00AM-8:20AM Daily
Daily Menu Items and Cold Cereal
Options available
EVERY Student must take a Fruit OR Juice to count as Breakfast

Lunch:
Free/Reduced Students —FREE
Paid —\$2.70
EVERY student must take a Vegetable OR Fruit to count as a Lunch

SASD is Currently HIRING:
~CUSTODIANS-NOW!!~
And COOKS for 26-27 School Year~
Apply TODAY online at
www.seal-pa.org

Also Available Daily for

BREAKFAST:

Variety of Cereal w/Animal Crackers
OR Muffin OR NutriGrain Bar
Bagel w/jelly or Cream Cheese
WGR Poptarts (2)
WGR Cereal Bar

Grab –n– Go Daily Specials

5/1: Hot Ham & Cheese Sandwich
5/4-7: Beef Hotdog on Bun
5/11-15: Warm Chicken Tender Wrap
5/18-22: Rib-a-Que Sandwich
5/26-28: Cook's Choice

Weekly PIZZA Specials

5/1: Pepperoni Pizza
5/4-7: Buffalo Chicken Pizza
5/11-15: Bacon Chicken Ranch Pizza
5/18-22: Meat Lovers Pizza
5/26-28: Cook's Choice

Cheese Pizza available DAILY!

FEATURED WEEKLY SALADS:

5/1: Spring Chicken & Berry Spinach Romaine Salad w/2 Cheezits
5/4-7: Chicken Garden Salad w/Soft Pretzel Sticks
5/11-15: Chef Salad w/Roll
5/18-22: Spring Chicken & Berry Spinach Romaine Salad w/2 Cheezits
5/26-28: Cook's Choice

ALSO available DAILY:

Cheeseburger, Breaded Chicken OR Spicy Chicken Sand., Variety of Subs/Wraps, Yogurt, PB&J Uncrustable



Please let your favorite Lunch Person know how much you appreciate all that they do for you throughout the year! And tell them what YOUR Favorite lunch is!

May 1 Breakfast

Freshly Baked WG Cinnamon Roll
Fruit & Juice Choices & Milk

Today's Entree Choices

Soft Taco w/Let, Tom, Cheese, Salsa w/Seasoned Brown Rice

Choose at Least 1 Fruit or Veg

Corn Refried Beans
Peaches
Fresh Fruit or Veggies

May 4 Breakfast

Breakfast Bagel Pizza
Fruit & Juice Choices & Milk

Today's Entree Choices

PA BEEF Cheeseburger w/let, tom, pickles

Choose at Least 1 Fruit or Veg

Seasoned Carrots
Frozen Peach Cup
Fresh Fruit or Veggies

May 5 Breakfast

Warm Sprinkle Waffle
Fruit & Juices Choices & Milk

Today's Entree Choices

Pulled Chicken Taco Loaded Nachos w/let, tom, cheese, salsa, sour cream

Choose at Least 1 Fruit or Veg

Vegetarian Baked Beans
Pineapple
Fresh Fruit or Veggies

May 6 Breakfast

Cook's Choice
Fruit & Juice Choices & Milk

Today's Entree Choices

Hot Ham & Cheese Sand. On Pretzel Bun

Choose at Least 1 Fruit or Veg

Green Beans
Applesauce
Fresh Fruit or Veggies

Treat: Snack Crackers (Animal, Scooby, etc)

MTO LINE: PA BEEF Cheesesteak YOUR Way!

May 7 Breakfast

Breakfast Sandwich
Fruit & Juice Choices & Milk

Today's Entree Choices

Chicken Alfredo w/pasta & WG Garlic Breadstick

Choose at Least 1 Fruit or Veg

Steamed Broccoli
Pears
Fresh Fruit & Tossed Salads

May 8

NO SCHOOL

<p>May 11 Breakfast Breakfast Bagel Pizza Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices General Tso's Chicken w/steamed rice</p> <p>Choose at Least 1 Fruit or Veg Steamed Broccoli Cinnamon Applesauce Fresh Fruit or Veggies</p>	<p>May 12 Breakfast Warm Sprinkle Waffle Fruit & Juices Choices & Milk</p> <p>Today's Entree Choices Cook's Choice</p> <p>Choose at Least 1 Fruit or Veg Corn Pears Fresh Fruit or Veggies</p>	<p>May 13 Breakfast Cook's Choice Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices Ham, Egg & Cheese Breakfast Sandwich</p> <p>Choose at Least 1 Fruit or Veg Tossed Salad Green Beans Pineapple Fresh Fruit</p> <p>MTO LINE: Pasta Bowl (chicken alfredo, meat sauce, OR marinara) w/garlic breadstick</p>	<p>May 14 Breakfast Breakfast Sandwich Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices Regular/Italian/Turkey OR Ham & Cheese Hoagie</p> <p>Choose at least 1 Fruit or Veg Canned Fruit Fresh Fruit or Veggies TREAT: Baked Chips</p>	<p>May 15 Breakfast Freshly Baked WG Cinnamon Roll Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices Meatball Hoagie w/Mozzarella Cheese</p> <p>Choose at Least 1 Fruit or Veg French Fries Frozen Peach Cup Fresh Fruit & Veggies</p>
<p>May 18 Breakfast Breakfast Bagel Pizza Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices Three Cheese Calzones w/Marinara Sauce</p> <p>Choose at Least 1 Fruit or Veg Green Beans Applesauce Fresh Fruit or Veggies</p>	<p>May 19 Breakfast Warm Sprinkle Waffle Fruit & Juices Choices & Milk</p> <p>Today's Entree Choices Chicken Tenders w/NEW! Cheddar Biscuit</p> <p>Choose at Least 1 Fruit or Veg Glazed Carrots Canned Fruit Fresh Fruit or Veggies</p>	<p>May 20 Breakfast Cook's Choice Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices Pulled Pork BBQ Sandwich</p> <p>Choose at Least 1 Fruit or Veg Steamed Broccoli Pears Fresh Fruit or Veggies</p> <p>MTO LINE: Asian NOODLE Bowl (Chicken OR PA Beef)</p>	<p>May 21 Breakfast Breakfast Sandwich Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices Pancake w/Sausage Patty</p> <p>Choose at Least 1 Fruit or Veg Hashbrown Frozen Peach Cup Apple Juice Fresh Fruit or Veggies</p>	<p>May 22 Breakfast Freshly Baked WG Cinnamon Roll Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices PA Beef Cheesesteak FLATBREAD w/peppers, onions & sauce</p> <p>Choose at Least 1 Fruit or Veg Corn Pineapple Fresh Fruit or Veggies</p> <p>Treat: Ice Cream/Froot Jooce Ice</p>
<p>May 25</p> <p>NO SCHOOL</p> <p>MEMORIAL DAY</p>	<p>May 26 Breakfast Warm Sprinkle Waffle Fruit & Juices Choices & Milk</p> <p>Today's Entree Choices Chicken Nuggets w/Soft Pretzel Rod</p> <p>Choose at least 1 Fruit or Veg French Fries Canned/Frozen Fruit Fresh Fruit OR Veggies</p>	<p>May 27 Breakfast Cook's Choice Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices Cook's Choice</p> <p>Choose at Least 1 Fruit or Veg Cook's Choice Cooked Vegetable Canned/Frozen Fruit Fresh Fruit OR Veggies</p>	<p>May 28 Breakfast Cook's Choice Fruit & Juice Choices & Milk</p> <p>Today's Entree Choices Cook's Choice</p> <p>Choose at Least 1 Fruit or Veg Cook's Choice Cooked Vegetable Canned/Frozen Fruit Fresh Fruit OR Veggies</p> <p>Treat: Cook's Choice</p>	<p>May 29 Breakfast Cook's Choice Fruit & Juice Choices & Milk</p> <p>EARLY DISMISSAL</p> <p>NO LUNCH</p> <p>ENJOY YOUR SUMMER!</p> <p>See you August 26th!</p>