Selinsgrove Area School District
Athletic Handbook
2026-2027

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Athletic Offerings

Selinsgrove Area School District offers the following interscholastic sport programs:

FALL:

- Football
- JH Football
- Soccer – Boys/Girls
- Golf
- Cross Country – Boys/Girls
- JH Cross Country – Boys/Girls
- Field Hockey
- Cheerleading
- Girls Tennis
- Girls Volleyball
- JH Softball

WINTER:

- Basketball – Boys/Girls
- Bocce
- JH Basketball – Boys/Girls
- Wrestling – Boys/Girls
- JH Wrestling – Boys/Girls
- Cheerleading
- Swimming/Diving – Boys/Girls
- Bowling – Boys/Girls

SPRING:

- Baseball
- Softball
- Boys Tennis
- Track and Field – Boys/Girls
- JH Field Hockey
- JH Soccer – Boys/Girls
- Lacrosse – Boys/Girls

Pennsylvania Interscholastic Athletic Association (PIAA)

The Selinsgrove Area High/Middle Schools are members of the Pennsylvania Interscholastic Athletic Association (PIAA) and, in all athletic matters, will adhere firmly to the rules and regulations of this body in athletic programs as determined in accordance with PIAA regulations.

PIAA CODE OF ETHICS

The Code of Ethics pertaining to high school athletics is to be regarded not only as a recommendation but also as rules governing the conduct of schools, the coach, officials, athletic directors, principals, and the public.

Section I The school should:

- Encourage good sportsmanship.

Section II The coach should:

- Have a fair, unprejudiced relationship with players.
- Teach athletes to win through legitimate play only. Striving to win at any cost is distinctly unethical.
- Give opponents credit when they win.
- Always be in control of their temper.
- Always discourage the use of profanity and obscene language.
- Recommend the use of competent officials and support their decisions. The coach should not criticize the action or decisions of officials before players or spectators.
- Counteract unfounded rumors of questionable practices by opponents. To establish the truth or falsity of these rumors, the coach should refer them directly to the authorities of the school concerned.
- Not solicit players from other schools.

Section III The official should:

- Have thorough preparation in the current rules and approved officiating techniques of the games.

- Be physically fit and mentally alert.
- Have a neat, distinctive uniform.
- Report on duty at least 30 minutes before game time.
- Honor all agreements.
- Always control their temper.
- Make calls as he/she sees them.
- Make clear any interpretations and announcements.
- Not discussing the plays or players of a team with any of their future opponents.

Code of Conduct for Students Involved in Athletic, Extracurricular AND Co-Curricular Interscholastic Activities

These guidelines apply to students involved in all extracurriculars, co-curricular, and interscholastic activities. Participation in these activities is a privilege and may be denied at any time if the code of conduct is violated. Students involved in these activities serve as representatives of the school district and the community. Students are to exemplify high standards of conduct by their actions. They are held to a higher standard of conduct and expectation. **The code of conduct is in effect at all times**. This includes on campus, off campus, during/after school days/years, on weekends and vacations and is in addition to the policies and rules in place for all students.

The Board of School Directors considers participation in activities to be a privilege, not a right. Students who desire to participate in the activities offered by the Selinsgrove Area School District are required to comply with additional rules and undertake added responsibilities.

As representatives of the school district, students involved in activities are scrutinized by the public, become role models to younger children and their peers, and are ambassadors of our community. **Having chosen to accept this role, it is the responsibility of every activity participant to refrain from behavior prohibited by the policy**.

Activities mean those school activities which are sponsored or approved by the Board and or administration but are not offered for academic credit. Such activities include but are not limited to athletics, band, clubs, plays, musicals, dances-including the prom, competitions,

festivals, trips, student government, and conferences. Any teams/activities utilizing the school uniforms, equipment, or representing the school including but not limited to camps, tournaments, leagues, weightlifting, and other conditioning activities.

****Note:** These procedures go into effect at the beginning of the school year (for non-athletes) for anyone planning to participate in defined activities. For all athletes (any season), the procedures begin at the start of the fall season, (first day of fall sports practices/heat acclimation), through the last competition of the spring season (including playoffs).

All students are prohibited from engaging in the following:

- **The possession, use or distribution of alcohol, drugs, controlled substances or related paraphernalia.**

- **The possession, solicitation, conspiring to use or distribution of a prescriptive drug in a manner inconsistent with the directives of the prescribing physician.**

- **Inappropriate Behavior**

  Students in activities are prohibited from engaging in the following inappropriate behavior:

  1. **Involvement in criminal activity including vandalism, theft, or property damage.**
  2. **Violations of the student code of conduct (Level 3), School Code, or Board policies.**
  3. **Any actions or conduct that otherwise brings discredit to the school.**

Reports of suspected violations should be immediately reported to the school administration.

Consequences for Policy Violations

The following sanctions shall be applied to all verified violations of this policy or from Policy 227.1:

1. **First Offense:** Suspension from participating in activities from the date the incident is verified for a time period of thirty (30) days.
2. **Second Offense:** Suspension from all activities from the date the incident is verified for a time period of forty- five (45) calendar days.
3. **Third and Subsequent Offenses:** Suspension from all activities for (60) calendar days from the date the incident is verified.

*****ADDITIONAL CONSEQUENCES FOR VIOLATIONS/INAPPROPRIATE BEHAVIORS AT EACH OFFENSE LEVEL MAY BE PROVIDED BY ADMINISTRATION*****

In addition to the sanctions specified above, all students violating drug/ alcohol usage must participate in a Student Assistance Program. An assessment must be completed by a licensed drug and alcohol evaluator within ten (10) days.

Drug Testing Procedures

Any student wishing to participate in an activity will complete and sign the Consent to Drug Testing form. As a prerequisite for joining and becoming a member of an activity, a student and parent shall consent to testing for alcohol and controlled substances. The contract shall be signed by a parent/ guardian of a minor student or by the student if she/he is eighteen (18) years of age or is married whether age eighteen (18) or not. This signed form is effective throughout the duration of the student's school career.

After the consent form is signed, a student who indicates she/he will not be participating in any activity for the contracted year may opt out with a signed letter by the parent/guardian directed to the building principal. If a student changes his/her decision to participate after the deadline for consent, the student shall be required to provide a properly executed consent form and participate in a mandatory drug test before the student will be permitted to participate. Any student not involved in the random drug testing program choosing to join an activity will automatically be placed in the next testing pool once consent is received.

Complete versions of policy 227, 227.1 and 227.2 are available via the district website at all times.

Selinsgrove Area School District
Policy Manual

Section
100 Programs

Title
Videotaping and Photographing

Code
122.1

Authority

The Board in every district shall prescribe, adopt and enforce such reasonable rules and regulations as it may deem proper regarding the management, supervision, control, or prohibition of athletic, dramatic, musical and other activities relating to the school program.[1]

The Board reserves for its professional employees the privilege of videotaping or photographing for instructional purposes any and all school-related activities.

Guidelines

The Board establishes the following guidelines with respect to photographing or videotaping students by persons or groups not contracted or invited by the district for such purpose:

1. Photographing or videotaping of students or school events for the purpose of resale is prohibited.

2. Parents shall be notified annually and given an opportunity to request in writing that their child(ren) not be photographed or videotaped during non-instructional activities conducted on school property.

3. In cases where photographing and videotaping are permitted, persons shall be expected to be courteous and not a disturbance to other persons.

Sporting Events

Videotaping and photographing shall be permitted during such activities. The district may in certain circumstances designate an area for this purpose.

Complete version of policy 122.1 is available via the district website at all times.

Selinsgrove Area School District
Policy Manual

Section
100 Programs

Title
Club Sports

Code
122.3

Purpose

The Board recognizes the desire of students to participate in sports that are not sanctioned or endorsed by the Pennsylvania Interscholastic Athletic Association (P.I.A.A.).

Definition

For the purpose of this policy, a **Club Sport** is a program organized and operated by members of the Selinsgrove Area School District community for the benefit of resident students to provide the opportunity to compete in interscholastic athletics in sports in which the school district does not financially support, sponsor, and directly operate a program.

Authority

To the extent a Club Sport desires recognition by the Selinsgrove Area School District and the privileges associated with such recognition, the Club Sport must adhere to those norms of operation that apply to school-sponsored interscholastic programs and that reflect and support the district's educational mission.[1][2]

Recognition

Recognition of a Club Sport by the Selinsgrove Area School District is a privilege that is subject to the annual approval of the Board of School Directors. Requests for recognition shall be initially submitted to the Athletic Director and senior high school principal for administrative review for compliance with the criteria and guidelines set forth below. The Athletic Director and senior high school principal shall provide their recommendation for approval or rejection of the request to the Superintendent for subsequent presentation to the Board. The Board shall have the exclusive authority to grant a request for recognition. The Board may reject any request for recognition for any reason determined to be in the best interest of the Selinsgrove Area School District. Recognition shall be granted for one (1) school year and shall terminate on the last day of the school year. To gain recognition for the upcoming year, all stipulations in the guidelines below must be met.

Guidelines

The following procedures shall be adhered to by sponsors of Club Sports when seeking recognition from the School Board. Failure to comply with these guidelines will result in the loss of recognition and the privileges associated with it.

The president of the club program must present an annual written request to be recognized by the district. The request must include the following items:

1. Proof of not-for-profit status.

2. Articles of organization and bylaws of parental board of control.

3. Act 34 and 151 clearances for all coaches.[3][4][10]

4. Team schedule.

5. Student athletic manual/handbook outlining player responsibilities and a code of player conduct.

6. All additional rules and regulations for participation.

Incomplete requests will not be granted.

Any request must be submitted to the Athletic Director by the dates below to receive consideration:

1. Teams with a selection process must submit one (1) month prior to the start of team selection.

2. Teams with no selection process must submit one (1) month prior to the start of the season.

Management Guidelines

The club's board of control is responsible for administering the following guidelines:

1. Club sports agree to follow the same calendar and cancellation policies of the Selinsgrove Area School District.

2. Club sports must follow the same student-athlete eligibility criteria and requirements established by the Selinsgrove Area School District for participation in school-sponsored interscholastic-athletic programs, including, but not limited to, attendance and academic requirements, drug and alcohol testing. Students subject to disciplinary action by the school district shall be prohibited from participating in Club Sports during the same period and to the same extent as such students are prohibited from participating in school-sponsored interscholastic-athletic programs.[6][7][11][12][9]

3. A team roster must be submitted to the Athletic Director before the season begins. A weekly eligibility list, based upon academic progress and attendance, must be submitted to the Athletic Director.

4. Practices and contests must be supervised by a coach with clearances on file with the school district.

5. The club must consist of a sufficient number of students to conduct the proposed activity in a meaningful manner. It is recommended that the number of students needed for recognition be at least 2.5 times the number of players required to actually play a game.

6. Participation is limited to Selinsgrove Area School District residents. Participants not enrolled in the Selinsgrove Area School District must meet all of the eligibility criteria or their equivalent for participation in the activity that apply to students enrolled in the Selinsgrove Area School District, including, without limitation, those set forth in or promulgated pursuant to District Policy No. 123 (Interscholastic Athletics) and District Policy No. 227.1 (Drug and Alcohol Awareness For Athletic Programs, Extracurricular Activities and Student Drivers). These criteria include, without limitation, verification of requisite academic progress, fulfillment of attendance requirements and the completion of drug and alcohol testing and physical examination. Participants not enrolled in the Selinsgrove Area School District must authorize the school in which the participant is enrolled to furnish attendance, academic progress reports and disciplinary reports to the Selinsgrove Area School District on a weekly basis during the club sport's season.[1][9]

7. If approval to award athletic letters is requested, the students must meet the same athletic and social standards expected from the student-athletes in school-sponsored athletic programs.

8. Programs wishing to use school facilities must fill out a use of facilities form and pay all applicable fees.

9. At the request of the Selinsgrove Area School District, the club must furnish a certificate of insurance naming the Selinsgrove Area School District as an additional insured for liability coverage of at least $1,000,000. Such policies must provide coverage for any occurrences during the school year for which recognition has been granted. Coverage afforded to the Selinsgrove Area School District as an additional insured shall be on a primary basis and applied before any other insurance carried by the school district. Further, and as a condition of recognition, the club shall be obligated to indemnify, defend and hold harmless the Selinsgrove Area School District from any and all claims arising from the club's operations.

10. Club sports agree to follow the booster group fundraising policies of the Selinsgrove Area School District.

Complete version of policy 122.3 is available via the district website at all times.

Selinsgrove Area School District
Policy Manual

Section
100 Programs

Title
Interscholastic Athletics

Code
123

Purpose

The Board recognizes the value of a program of interscholastic athletics as an integral part of the total school experience for all district students and as a conduit for community involvement. The game activities and practice sessions provide opportunities to teach the values of competition, sportsmanship, and teamwork.

Definition

For purposes of this policy, the program of **interscholastic athletics** shall include all activities relating to competitive or exhibition sport contests, games or events involving individual students or teams of students when such events occur between schools within this district or outside this district.

Authority

It shall be the policy of the Board to offer opportunities for participation in interscholastic athletic programs to male and female students on as equal a basis as is practicable and without discrimination, in accordance with law and regulations.[1][2][3][4][5]

The Board shall approve a program of interscholastic athletics and require that all facilities utilized in that program, whether or not the property of this Board, properly safeguard both players and spectators and are kept free from hazardous conditions.[6]

The Board shall determine the standards of eligibility to be met by all students participating in an interscholastic program. Such standards shall require that each student, before participating in any interscholastic activity, be covered by student accident insurance; be free of injury; and undergo a physical examination by a licensed physician.[6]

The Board further adopts those eligibility standards set by the Constitution of the Pennsylvania Interscholastic Athletic Association.

The Board directs that no student may participate in interscholastic athletics who has not:[6]

1. Complied with the requirements of the Athletic Handbook.

2. Complied with the requirements of the Code of Conduct for Interscholastic Athletics and Board policies and administrative regulations related to student discipline.
   Off-Campus Activities

   This policy shall also apply to student conduct that occurs off school property and would otherwise violate the Code of Student Conduct if any of the following circumstances exist:[7]

1. The conduct occurs during the time the student is traveling to and from school or traveling to and from school-sponsored activities, whether or not via school district furnished transportation.

2. The student is a member of an extracurricular activity and has been notified that particular off-campus conduct could result in exclusion from such activities.

3. Student expression or conduct materially and substantially disrupts the operations of the school, or the administration reasonably anticipates that the expression or conduct is likely to materially and substantially disrupt the operations of the school.

4. The conduct has a direct nexus to attendance at school or a school-sponsored activity, for example, a transaction conducted outside of school pursuant to an agreement made in school, that would violate the Code of Student Conduct if conducted in school.

5. The conduct involves the theft or vandalism of school property.

6. There is otherwise a nexus between the proximity or timing of the conduct in relation to the student's attendance at school or school-sponsored activities.
   Delegation of Responsibility

   Each school year, prior to participation in an interscholastic athletic activity, every student athlete and his/her parent/guardian shall sign and return the acknowledgement of receipt and review of the following:[13][9][10][11]

1. Concussion and Traumatic Brain Injury Information Sheet.

2. Sudden Cardiac Arrest Symptoms and Warning Signs Information Sheet.
   The Superintendent or designee shall annually prepare, approve and present to the Board for its consideration a program of interscholastic athletics, which shall include a complete schedule of events.

   The Superintendent or designee shall disseminate rules for the conduct of students participating in interscholastic athletics. Such rules shall be in conformity with regulations of the State Board of Education, the P.I.A.A. and the school district.

Complete version of policy 123 is available via the district website at all times.

Selinsgrove Area School District
Policy Manual

Section
100 Programs

Title
Concussion Management

Code
123.1

Purpose

The Board recognizes the importance of ensuring the safety of students participating in the district's athletic programs. This policy has been developed to provide guidance for prevention, detection and treatment of concussions sustained by students while participating in an athletic activity.

Definitions

Appropriate medical professional shall mean all of the following:[1]

1. A licensed physician who is trained in the evaluation and management of concussions.

2. A licensed or certified health care professional trained in the evaluation and management of concussions and designated by a licensed physician trained in the evaluation and management of concussions.

3. A licensed psychologist neuropsychologically trained in the evaluation and management of concussions or who has postdoctoral training in neuropsychology and specific training in the evaluation and management of concussions.

Athletic activity shall mean all of the following:[1]

1. Interscholastic athletics.[2]

2. An athletic contest or competition, other than interscholastic athletics, that is sponsored by or associated with the school, including cheerleading, club-sponsored sports activities and sports activities sponsored by school-affiliated organizations.[3]

3. Noncompetitive cheerleading that is sponsored by or associated with the school.[3]

4. Practices, interschool practices and scrimmages for all athletic activities.[3][2]

Delegation of Responsibility

Each school year, prior to participation in an athletic activity, every student athlete and his/her parent/guardian shall sign and return the

acknowledgement of receipt and review of the Concussion and Traumatic Brain Injury Information Sheet.[4]

The Superintendent or designee shall develop administrative regulations to implement this policy, which shall include protocols for concussion management.

Guidelines

The school shall hold an informational meeting prior to the start of each athletic season for all competitors regarding concussions and other head injuries, the importance of proper concussion management, and how preseason baseline assessments can aid in the evaluation, management and recovery process. In addition to the student athletes, such meetings may include parents/guardians, coaches, other appropriate school officials, physicians, neuropsychologists, athletic trainers and physical therapists.[4]

Removal From Play

A student who, as determined by a game official, coach from the student's team, certified athletic trainer, licensed physician, licensed physical therapist or other official designated by the district, exhibits signs or symptoms of a concussion or traumatic brain injury while participating in an athletic activity shall be removed by the coach from participation at that time.[4]

Return to Play

The coach shall not return a student to participation until the student is evaluated and cleared for return to participation in writing by an appropriate medical professional. The Board may designate a specific appropriate medical professional(s) to provide written clearance for return to participation.[4]

Training

All coaches shall annually, prior to coaching an athletic activity, complete a concussion management certification training course offered by the Centers for Disease Control and Prevention, the National Federation of State High School Associations or another provider approved by the Department of Health.[4]

Penalties

A coach found in violation of the provisions of this policy related to removal from play and return to play shall be subject to the following penalties:[4]

1. For a **first** violation, suspension from coaching any athletic activity for the remainder of the season.

2. For a **second** violation, suspension from coaching any athletic activity for the remainder of the season and for the next season.

3. For a **third** violation, permanent suspension from coaching any athletic activity.

Selinsgrove Area School District
Policy Manual

Section
100 Programs

Title
Sudden Cardiac Arrest

Code
123.2

Authority

The Board recognizes the importance of ensuring the safety of students participating in the district's athletic programs. This policy has been developed to provide guidance for prevention and recognition of sudden cardiac arrest in student athletes.[1]

Definition

Athletic activity shall mean all of the following:[2]

1. Interscholastic athletics.[3]

2. An athletic contest or competition, other than interscholastic athletics, that is sponsored by or associated with the school, including cheerleading, club-sponsored sports activities and sports activities sponsored by school-affiliated organizations.[4]

3. Noncompetitive cheerleading that is sponsored by or associated with the school.[4]

4. Practices, interschool practices and scrimmages for all athletic activities.[4][3]

Delegation of Responsibility

Each school year, prior to participation in an athletic activity, every student athlete and his/her parent/guardian shall sign and return the acknowledgement of receipt and review of the Sudden Cardiac Arrest Symptoms and Warning Signs Information Sheet.[5]

Guidelines

The school shall hold an informational meeting prior to the start of each athletic season for all competitors regarding the symptoms and warning signs of sudden cardiac arrest. In addition to the student athletes, such meetings may include parents/guardians, coaches, other appropriate school officials, physicians, pediatric cardiologists, and athletic trainers.[5]

Removal From Play

A student who, as determined by a game official, coach from the student's team, certified athletic trainer, licensed physician, or other official designated by the district, exhibits signs or symptoms of sudden cardiac arrest while participating in an athletic activity shall be removed by the coach from participation at that time.[5]

Any student known to have exhibited signs or symptoms of sudden cardiac arrest prior to or following an athletic activity shall be prevented from participating in athletic activities.

Return to Play

The coach shall not return a student to participation until the student is evaluated and cleared for return to participation in writing by a licensed physician, certified registered nurse practitioner or cardiologist.[5]

Training

All coaches shall annually, prior to coaching an athletic activity, complete the sudden cardiac arrest training course offered by a provider approved by the PA Department of Health.[5]

Penalties

A coach found in violation of the provisions of this policy related to removal from play and return to play shall be subject to the following penalties:[5]

1. For a **first** violation, suspension from coaching any athletic activity for the remainder of the season.

2. For a **second** violation, suspension from coaching any athletic activity for the remainder of the season and for the next season.

3. For a **third** violation, permanent suspension from coaching any athletic activity.

NOTE: The penalties set forth above officially take effect on July 29, 2014, two years after the enactment of the Sudden Cardiac Arrest Prevention Act. If your school entity does not want to impose penalties until July 29, 2014, please check the bracket. If your school entity will enforce the penalties as soon as the policy is adopted, do not check the bracket preceding the date

Selinsgrove Area School
Policy Manual

Section
100 Programs

Title
Extracurricular Participation by Home Education Students

Code
137.1

Authority

The Board shall approve participation in the district's extracurricular activities and interscholastic athletic programs by a student enrolled in a home education program if all of the following conditions are met:[1][2][3]

1. The student is a resident of the school district.

2. The student fulfills all eligibility criteria, or their equivalent, required for participation in an activity or program by district students, in accordance with Board Policy 122 Extracurricular Activities and/or Policy 123 Interscholastic Athletics.[4][5]

The Board shall not provide individual transportation for students enrolled in home education programs who participate in the district's extracurricular activities or interscholastic athletic programs. When the district provides transportation to and from an away competition, game, event or exhibition and requires district students to use district transportation, home education students shall be required to use the transportation provided by the district.

The Board shall require the parent of a home education student to pay the cost of the expenses for participation in the district's extracurricular activities or interscholastic athletic programs.

Guidelines

Students attending home education programs shall be given an equal opportunity to compete for positions and participate in district extracurricular activities and interscholastic athletic programs.

A home education student may participate only in extracurricular activities and interscholastic athletic programs at the school building the student would be assigned to if s/he was enrolled in the school district.

If a class for credit held during the school day by the school district is required for participation in activities that take place outside of the class, home education students shall not be eligible to participate in such activities.

Prior to trying-out or joining an activity, a home education student shall submit required documents and written verification of eligibility to the building principal or designee.

To be considered in attendance in accordance with Board Policy 204 Attendance, the home education student must participate in a full, normally scheduled academic program, in accordance with the planned home education program.[6]

The following guidelines shall govern participation in the district's extracurricular activities and interscholastic athletic programs by home education students, who shall:

1. Meet the same eligibility criteria, or their equivalent, required of district students, in accordance with applicable Board policies and administrative regulations.[4][5]

2. Maintain appropriate insurance coverage, consistent with the coverage requirements for district students.

3. Comply with Board policies and school rules and regulations regarding extracurricular activities and interscholastic athletics, and student discipline.[4][5][6][7]

4. Comply with policies, rules and regulations, or their equivalent, of the activity's governing organization.[1]

5. Meet attendance and reporting requirements established for all participants of the activity or program.

6. Meet the requirements for physical examinations and physical fitness and any height and/or weight restrictions.

7. Comply with all requirements and directives of the district staff, coaches and administrators involved with the extracurricular activity or interscholastic athletic program.

Delegation of Responsibility

The building principal or designee shall receive and review written verification from the parent/guardian that a student has met and continues to meet the established eligibility criteria for an extracurricular activity or interscholastic athletic program.

The district shall distribute information regarding eligibility criteria and student participation in extracurricular activities and interscholastic athletics to all affected by them.

The district shall develop a procedure to ensure that home education students have access to information regarding the district's extracurricular activities and interscholastic athletic programs.

Complete version of policy 137.1 is available via the district website at all times.

Selinsgrove Area School District
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Section
100 Programs

Title
Extracurricular Participation by Charter/Cyber Charter Students

Code
140.1

Authority

The Board shall approve participation in the district's extracurricular activities and interscholastic athletic programs by a student enrolled in a charter or cyber charter school if all of the following conditions are met:[1][3][7]

1. The student is a resident of the school district.

2. The charter or cyber charter school does not provide the same extracurricular activity or interscholastic athletic program.

3. The student fulfills all eligibility criteria required for participation in an activity by district students, in accordance with Board Policy 122 Extracurricular Activities and Policy 123 Interscholastic Athletics.[4][5]

The Board shall not provide individual transportation for students enrolled in charter or cyber charter schools who participate in the district's extracurricular activities or interscholastic athletic programs. When the district provides transportation to and from an away competition, game, event or exhibition and requires district students to use district transportation, charter and cyber charter school students shall be required to use the transportation provided by the district.

The Board shall require the charter or cyber charter school to pay the cost of the expenses for its students' participation in the district's extracurricular activities or interscholastic athletic programs.

Guidelines

Charter and cyber charter school students shall be given an equal opportunity to compete for positions and participate in extracurricular activities and interscholastic athletic program.

A charter or cyber charter school student may only participate in extracurricular activities and interscholastic athletic programs at the school building the student would be assigned to if s/he was enrolled in the school district.

If a class for credit held during the school day by the school district is required for participation in activities that take place outside of the

class, charter/cyber students shall not be eligible to participate in such activities.

The following guidelines shall govern participation in the district's extracurricular activities and interscholastic athletic programs by eligible charter and cyber charter school students who shall:

1. Meet the same equivalent eligibility criteria required of district students, in accordance with applicable Board policies and administrative regulations.[4][5]

2. Maintain appropriate insurance coverage, consistent with the coverage requirements for district students.

3. Comply with Board policies and school rules and regulations regarding extracurricular activities, and interscholastic athletics, and student discipline.[4][5][8][9]

4. Comply with policies, and rules and regulations of the activity's governing organization.[6]

5. Meet attendance and reporting requirements established for all participants of the activity or program.

6. Meet the requirements for physical examinations, and physical fitness and any height and/or weight restrictions.

7. Comply with all requirements and directives of the district staff, coaches and administrators involved with the extracurricular activity or interscholastic athletic program.

Delegation of Responsibility

The building principal or designee shall receive and review written verification from the charter or cyber charter school that a student has met and continues to meet the established eligibility criteria for an extracurricular activity or interscholastic athletic program.

The district shall distribute information regarding eligibility criteria and student participation in extracurricular activities and interscholastic athletics to all affected by them.

The district shall develop a procedure to ensure that charter and cyber charter students have access to information regarding the district's extracurricular activities and interscholastic athletic programs.

Complete version of policy 140.1 is available via the district website at all times.

Attendance Policy

1. Students are not permitted to participate in practice sessions or school events if they are absent from school that day. (Exceptions are preplanned college visits, other school related functions such as a field trip, educational trip, or extenuating circumstances approved by the building administrator.)
2. The continued goal and expectation are for all students to be in daily attendance the entire school day. Students who are tardy to school three or more times will not be able to participate on the days they are late for school. Students who are late for school beyond 11:30 am will not be able to participate on that day. Only **bona fide doctors' excuses** or other urgent circumstances, which must be presented in writing, will be considered by the principal in waiving this policy. It is the continued expectation for student athletes to function as leaders and set an example for good attendance.
3. Any student sent home ill from school is ineligible for all activities that day.
4. A student who is assigned detention or suspension is not eligible to participate in extracurricular events during the assigned dates. Any student who does not comply with the code of conduct may be denied participation.
5. Additional attendance guidelines are included in the school board policies 122, 122.A.

Coaches Responsibilities

PURPOSE

The distinguishing characteristic of any profession is that its members are dedicated to rendering a service to those with whom they come in contact. Personal gain must always be a far lesser consideration. Those who elect to coach a sport must understand the justification for sport is that it provides cultural, emotional and physical values for those who play the game. That game belongs, for the most part, to the players.

The welfare of the sport and the welfare of the athletes who participate in sport depend on coaches following the letter and spirit of ethical conduct. Coaches must be mindful of the high trust and confidence placed in them by their players, the institution they serve and the parents of the players that they coach.

The responsibilities and code of ethics have been developed to protect and promote the best interests of school sports as well as the coaching profession. Its purpose is to clarify and distinguish ethical and approved conduct and practices from those which are detrimental. It is not intended to be a vehicle for policing the profession. It emphasizes the purpose of the value of school sports and stresses the proper behavior of coaches with regard to school, players, parents and the public.

GENERAL RESPONSIBILITIES

1. The head coach in each sport is responsible for planning a continuous program of instruction. In sports spanning more than one level, i.e., elementary, intermediate, middle school, junior varsity and varsity, the head coach is responsible for the coordination and evaluation of the total program. The head coach is responsible for communication with coaches at the other levels regarding his or her expectations as to objectives and goals.

2. The head coach must meet with interested students prior to the season to provide information related to:

A. Practice schedules
B. Policies governing absences and tardies
C. Selection of team members

D. General expectations (grooming, conduct, commitment, attitude, training rules, etc.)
E. Health and nutrition (can be done in conjunction with the trainer)
F. Conditioning
G. Game philosophy and rules
H. Eligibility and grading policy
I. Student Code of Conduct policies/expectations
J. Other items deemed necessary by the coach

3. In addition to reviewing this material verbally, each coach should prepare an information sheet or booklet for each participant. Before the season starts, a copy of the coach's rules and expectations should be given to the Athletic Director and the building Principal.
4. The head coach should hold a meeting for parents/guardians prior to the beginning of the season to:

    A. provide the parents an opportunity to receive first-hand information about the program/expectations.
    B. provide an opportunity for parents to become acquainted with members of the coaching staff.
    C. review the parent/coach communication policy.
    D. explain if cuts will be made for the specific sport.

5. The head coach shall inform the Athletic Director, in writing, of all practices and workout sessions, including special practices.
6. The head coach shall have all athletes' accident information forms on file.
7. The head coach, at the end of the season, shall update inventory lists and provide a copy of this to the Athletic Director.
8. Coaches should keep information concerning an athlete's academics, behavior, and health status as private as possible to comply with federal and state laws.

RESPONSIBILITIES TO THE PLAYERS

1. Each coach, because of his/her position, has the opportunity and responsibilities to serve as a model not only for those participants in the program, but also for those assuming the spectator role. His/her actions, comments, speech and general behavior have a profound impact on the lives of the athletes with whom he/she is working, on those who aspire to be athletes and on those who support the program as spectators.

2. All coaches should strive to maintain a positive relationship with all players; all coaches should treat all players fairly and equitably.

3. One of the goals of the interscholastic program is to enhance academic achievement, and the coach should never interfere with opportunities for the student athlete's academic success.

4. The coach shall be aware that he/she has a tremendous potential influence on the education of the student athlete and shall never place the value of winning above the values of instilling the highest desirable ideals of character. The coach should not ridicule the students for making mistakes or losing a competition, nor should he or she engage in physical, verbal or psychological abuse of his or her team members.

5. The coach shall take an active role in the prevention of drug, alcohol and tobacco abuse. Under no circumstances may the coach authorize or recommend the use of drugs, medications or other performance enhancing substances.

6. The coach shall avoid the use of drugs, alcohol and tobacco products when in contact with players. This means games, practices, team meetings, overnight competitions, or any other events sponsored by the school.

7. A player's academic success takes priority over any coach's demands that would jeopardize the same. The coach shall not exert pressure on faculty members to give student-athletes special consideration.

8. The diagnosis and treatment of injuries is a medical problem and should not fall under the duties of the coach, but under the auspices of trained personnel. A coach's responsibility is to see that injured players receive prompt and competent medical attention and that the orders of trainers and physicians are carried out.

9. The coach should be reasonable in his or her demands on the player's time, energy and enthusiasm. He or she needs to remember that they have, and should have, other interests. Always remember that your players are students and not miniature professional athletes. The coach should do his or her

best to coordinate with advisors and directors of other school activities that require his or her players' time commitments.

10. Students need a coach they can respect. Coaches should be generous with praise when deserved and set a good example. Coaches exist for the players' benefit, not the other way around.

11. Coaches should make their players aware that hazing is against school policy and follow district policy regarding hazing.

RESPONSIBILITIES TO THE SCHOOL

1. The primary and basic function of the coach is to educate students through participation in the game. Athletics can play a significant role in the education of the students, and the coach needs to understand the role that athletics play in a high school environment.

2. A coach is an extension of the school and should conduct himself or herself to maintain the principles, integrity and dignity of the school and the school district.

3. The coach shall uphold the honor and dignity of the profession. In all personal contact with student-athletes, officials, athletic directors, school administrators, the media and the public, the coach shall strive to set an example of the highest ethical and moral conduct.

4. The coach should promote the entire scholastic, interscholastic and extracurricular program of the school and direct his/her program in harmony with the total school program.

5. The coach should not exert pressure on faculty members to give players special consideration beyond that given to other students.

6. The coach has a responsibility to see that his/her program is being promoted and presented properly. The coach should offer his or her experience and training to the administration in the solution of problems regarding the program.

7. All school district policies and school rules shall be considered a part of all established team rules.

8. The head coach should attend preseason PIAA rules interpretation meetings if applicable.

RESPONSIBILITIES TO THE GAME

1. The coach should master contest rules and teach them to his/her team members. The coach should not seek an advantage by circumvention of the spirit or letter of the rules.

2. The coach should meet with opposing coaches before and after contests and exchange cordial greetings to set the correct tone for the event.

3. The coach should not scout opponents by any means other than those adopted by the P.I.A.A or league affiliation.

4. Good habits are formed in practice. When coaches permit, encourage or condone methods that are dangerous or disrespectful to an opponent, they are derelict in the responsibility of teaching fair play and good sportsmanship. This aspect of coaching must be approached just as vigorously as the teaching of the skill of the game.

RESPONSIBILTIES TO OFFICIALS

1. Most competitive contests cannot be played satisfactorily without impartial, competent officials. The coach should respect and support contest officials. Public criticism of officials to players, the public or the media is unethical.

2. Officials should be treated in a courteous manner. The coach should not indulge in conduct that will incite players or spectators against the officials.

RESPONSIBILTIES TO THE PUBLIC

1. The coach should exert his/her influence to enhance sportsmanship by spectators, booster clubs and administrators.
2. The coach should use courtesy, honesty and respect in all dealings with the media. Derogatory and misleading statements are to be avoided. The media should be used as a vehicle to promote the students, the school and the game.
3. The coach should instruct his or her players as to proper conduct when being interviewed by the media.

4. The media is not a place to discuss disciplinary issues, academic difficulties, eligibility matters or injury problems. These should be treated as private, confidential family matters and kept within the school.
5. Coaches should not be associated in any way with gambling concerning their team, their school or high school athletics.

Athletes Responsibilities

As an athlete representing Selinsgrove Area School District, you have certain responsibilities.

- Remember that participation is a privilege, not a right.
- You represent the school and your team at all times, not just during the season.
- The sports skills you learn are valuable, but not as valuable as the other lessons you learn, such as teamwork, responsibility, self-discipline, and respect for others.

You should always strive to

- Play hard but clean.
- Respect opposing players, coaches, and game officials.
- Exhibit sportsmanship before, during, and after all contests.
- Be on time and be prepared.
- Know your coach's rules/expectations.
- Know the school rules concerning participation.
- Try as hard in the classroom as you do on the playing field.
- Abide by the school's code of conduct.

You may not participate if

- You become academically ineligible.
- You are not compliant with attendance expectations.
- You violate the school's extracurricular policy.
- You violate the district's hazing policy.
- You earned discipline resulting in detention, in-school or out of school suspension during the assigned dates.
- The coach has suspended you for violating team rules.
- You have not provided the school with the proper insurance and health information.

Parent`s Responsibilities

To meet the goals and objectives of the high school athletic program, parents are encouraged to practice the following:

- REMEMBER THAT PARTICIPATION IN ATHLETICS IS A PRIVILEGE, NOT A RIGHT.
- REMEMBER THAT THIS IS HIGH SCHOOL ATHLETICS, NOT COLLEGE OR PROFESSIONAL SPORTS.
- Model sportsmanship toward coaches and officials.
- Never do anything that encourages cheating.
- Encourage a team first mentality.
- Encourage your child to talk to the coach first if there are questions/concerns.
- Be respectful of other parents and student-athletes.
- Leave the coaching to the coaches.
- Make the coaches your allies. Don't criticize the coach in front of your child.
- Communicate with coaches in a proper manner. Never in front of others.
- Remember that your child can control effort and attitude, not playing time.
- Emphasize effort and attitude, rather than results.
- Have a life of your own outside of your child's sport.
- Encourage and allow your child to participate in more than one sport.
- Provide a healthy perspective to help them understand success and failure.
- Provide unconditional love. Show love regardless of game results.
- Avoid showing negative emotions while watching your child perform.
- Remember that mistakes aren't made on purpose.
- Avoid making it personal when providing feedback. Avoid using phrases like "You're embarrassing me."
- Avoid using sarcasm, belittlement and embarrassment.
- Avoid making your child talk to you about the game immediately after competition. Use a 24-hour rule.
- Avoid comparing your child with other athletes.
- Avoid doing anything that will cause your child to think less of you.
- Keep your ego under control. Remember that it isn't about you; it is about the children and their experience.

- Work with the coaches, not against them.
- Be a positive role model.
- If your child has hopes of competing at the college level, communicate with your child's guidance counselor so as to meet NCAA eligibility requirements. He or she will need to be registered to play Division I or Division II. More information can be obtained at www.ncaaclearinghouse.net.
- At times some teams may use cuts to narrow down their roster.

Parent/ Coach Relationship

As parents, you have the right to understand what expectations are placed on your child when your child becomes involved in a program. Both parenting and coaching have challenges. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to our student athletes. As parents, when your children become involved in a program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

Communication That You Should Expect from Your Child's Coach

1. The philosophy of the coach.
2. Expectations the coach has for your child as well as all the players on the team.
3. Location(s) and time(s) of all practices and contests.
4. Team requirements, i.e. fees, special equipment, off-season conditioning, etc.
5. Procedures to follow if your child is injured during participation.
6. Discipline that could result in the denial of your child's participation.

Communication That Coaches Expect from Parents

1. Concerns need to be expressed directly to the coach.
2. Notification of any schedule conflicts communicated well in advance to the coach.

3. Specific concerns regarding a coach's philosophy and/or expectations should be communicated directly to the coach.

As your child becomes involved in the programmatic offerings here at Selinsgrove, they will potentially experience some deeply rewarding, well-earned achievements. It is always important to understand that there may also be times when outcomes do not necessarily go the way you or your child desired. Direct, collaborative and productive discussion with the coach is always encouraged to navigate these tougher moments.

Appropriate Concerns to Discuss with Coaches

1. The treatment of your child mentally & physically.
2. Ways to help your child improve.
3. Concerns about your child's behavior.

It is very difficult to accept less playing time for your child than you may have hoped. Coaches are professionals and have been hired to make the appropriate decisions regarding playing time. They make these judgments and decisions based on what they believe to be best for all students involved in the sport. As you have seen from the list above, certain things can and should be discussed with your child's coach. Other items must be left to the discretion of the coach. **While playing time, team strategy, play calling and other student-athletes may at times emerge as potential concerns, it is never appropriate to confrontationally engage coach(es) immediately before, during or after practice/competition on these items.**

There are situations that may require a conference between the coach and the parent(s)/guardian(s). These are to be encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedures should be followed to help promote a resolution to the issue of concern.

1. Meet with coach if the nature of the problem falls within the guidelines established (If you think that the violation is so serious as to bypass the meeting with the coach, the complaint should be addressed to the principal immediately).
2. If resolution of the concerns is not achieved, call for a meeting with the athletic director and/or principal.
3. If the matter is not resolved, you should discuss the matter with the superintendent. If there is no successful resolution with the

superintendent, the issue will be referred to the appropriate school board committee.

STEPS

1. Call to set up an appointment. The coach should establish where the call should be placed. If in doubt, call the school's main office (372-2230 for the high school). Do not call the coach at his/her residence unless it is clear that this is acceptable. If you do not hear back from the coach in a reasonable amount of time, then call the school and talk to the athletic director or principal.
2. Receive confirmation of meeting date/time.
3. **Please do not attempt to confront a coach before, during or after a contest or practice. These can be emotional times for both the parents and the coach. Meetings of this nature do not promote resolution.**
4. **Also, do not go on to the playing field or gymnasium to confront any member of the coaching staff. Parental sanctions could be imposed.**

Scholastic Eligibility

Students need to be passing three full credits to be eligible to participate in any activity after school hours. This applies to athletics, plays, academic competitions, dances, the prom, among other activities. Students may attend public performances and contests as spectators.

Excepting eligibility for dances and the prom, which shall be applied at the end of each marking period, eligibility will be checked weekly. **According to the students' weekly standing, the following will apply**:

- Failure totaling a full credit will result in contract status. Upon ineligibility (1.5 credits failing) all courses will result in contract status.

- Students may attend practices, rehearsals, or other after school commitments even though they are ineligible if the total of failing credits is 1.5 or less. If the student is failing 2 credits or more, he or she may not attend practices, rehearsals, or other after school commitments.

- Students may regain eligibility upon improved weekly standings. However, if the student has been ineligible to practice, the principal will decide the date he or she may be eligible to participate after consultation with the coach or advisor.

- If at the end of a marking period, the student is deemed ineligible (fewer than three full credits passing), the period of ineligibility will be **15 school days**. Return to eligibility will be determined by weekly progress as reflected in both grades and contract status.

    - Generally, students are provided the opportunity to participate in interscholastic athletics for a 4-year period which begins at the conclusion of their 8th grade year and ends 4 years later, **regardless of whether the student advances academically or actually participate in interscholastic athletics during this period.**
    - According to PIAA Article 10, Section 5, At the end of the school year, the student's final credits in the student's subjects rather than the student's credits for the last grading period shall be used to determine the student's eligibility for the next grading period.

- When a student is in contract status, the coach, advisor and teachers will be informed. A plan between teacher and student will be developed to assist the student in meeting his/her academic obligations. Parts of the plan may include requiring tutoring, deadlines for assignments due, etc. The principal must be informed of any student under contract. Also, the principal must approve a student's eligibility when he or she is under contract status.

Coaches and advisors may impose more stringent guidelines than those listed here.

Sportsmanship

For Parents – from the PIAA

- Realize that athletics are part of the educational experience, and the benefits of involvement go beyond the final score of a contest.
- Encourage all our students to perform their best, just as we would urge them on with their classwork, knowing that others will always turn in better or lesser performances.
- Participate in positive cheers that encourage our athletes; and discourage any cheer that would redirect that focus.
- Learn, understand, and respect the rules of the contest, the officials who administer them, and their decisions.
- Respect the task our coaches face as teachers and support them as they strive to educate our youth.
- Respect each official and realize they are an essential part of every contest.
- Respect our opponents as students, and acknowledge them for striving to do their best.
- Develop a sense of dignity under all circumstances.
- Be a FAN ... not a fanatic!

For Students – from the Pennsylvania Heartland Athletic Conference (PHAC)

- All visiting teams will be treated as honored guests.
- Cheer for your team and not against the opponent.
- Inappropriate comments or cheers that harass opposing spectators, players, coaches, or officials will not be tolerated and may result in your removal from the event.
- Noisemakers, sirens, whistles, or personal listening devices without headphones are not permitted at athletic conference events or at PIAA events.
- Masks or full-face paints are not permitted.
- Respect should be shown to opponents during introductions.

Recruiting

The following table, which is from the NCAA web site, indicates the odds of becoming a college and/or professional athlete. This is not meant to discourage the student athlete, but rather to encourage students to maintain their academics as a priority. Several past Selinsgrove athletes have had opportunities to attend college because of their athletic ability. It is the responsibility of the athlete and his or her parents to ensure that NCAA guidelines are met. More information is available on the NCAA website: www.ncaa.org

Estimated probability of participating beyond high school

	High School Participants	NCAA Participants	Overall % HS to NCAA	% HS to NCAA Division I	% HS to NCAA Division II	% HS to NCAA Division III
MEN						
Baseball	491,790	34,980	7.10%	2.10%	2.20%	2.80%
Basketball	550,305	18,712	3.40%	1.00%	1.00%	1.40%
Cross Country	266,271	14,350	5.40%	1.80%	1.40%	2.20%
Football	1,057,382	73,063	6.90%	2.70%	1.80%	2.40%
Golf	141,466	8,527	6.00%	2.10%	1.70%	2.20%
Ice Hockey	35,210	4,199	11.90%	4.80%	0.60%	6.50%
Lacrosse	111,842	13,899	12.40%	2.90%	2.30%	7.10%
Soccer	450,234	24,986	5.50%	1.30%	1.50%	2.70%
Swimming	138,364	9,691	7.00%	2.70%	1.10%	3.10%
Tennis	158,171	7,957	5.00%	1.60%	1.10%	2.30%
Track & Field	600,136	28,595	4.80%	1.80%	1.20%	1.70%
Volleyball	57,209	2,007	3.50%	0.70%	0.70%	2.00%
Water Polo	21,286	1,013	4.80%	2.70%	0.70%	1.30%
Wrestling	244,804	7,175	2.90%	1.00%	0.80%	1.10%
WOMEN						
Basketball	430,368	16,532	3.80%	1.20%	1.10%	1.50%
Cross Country	226,039	15,966	7.10%	2.60%	1.80%	2.70%
Field Hockey	60,549	6,066	10.00%	3.00%	1.30%	5.70%
Golf	75,605	5,372	7.10%	2.90%	2.10%	2.20%
Ice Hockey	9,599	2,355	24.50%	8.80%	1.20%	14.50%

Lacrosse	93,473	11,752	12.60%	3.70%	2.70%	6.20%
Soccer	388,339	27,638	7.10%	2.40%	1.90%	2.80%
Softball	367,405	19,999	5.40%	1.70%	1.60%	2.10%
Swimming	170,797	12,684	7.40%	3.30%	1.20%	2.90%
Tennis	187,519	8,736	4.70%	1.50%	1.10%	2.10%
Track & Field	494,477	29,907	6.00%	2.70%	1.50%	1.80%
Volleyball	444,779	17,387	3.90%	1.20%	1.10%	1.60%
Water Polo	20,826	1,159	5.60%	3.40%	0.90%	1.30%

In addition, the information available on the NCAA web site, the following may also be helpful. It is reprinted from www.varsityedge.com.

Common mistakes parents and students make in the recruiting process

The college recruiting process is often paved with a myriad of mistakes/assumptions by parents, students, and high school coaches. Some mistakes/assumptions are obvious, others are not. The Making of a Student Athlete was designed to help parents, students, & coaches avoid these mistakes. Here is a brief list of common mistakes/assumptions that can really put you at a disadvantage in the recruiting process.

- Parents often believe their son or daughter is better than they are and assume they will just be recruited. They wait for their inbox/mailbox to fill up with scholarship offers or wait for phone calls from coaches.

- Student athletes **overestimate** their ability and often believe they are better than they are. They assume they will be recruited, and they wait for their inbox/mailbox to fill up with scholarship offers or wait for phone calls from coaches.

- Student-athletes **underestimate** their ability. They think they would not be capable of getting a scholarship, and they do not even try to obtain one. You don't have to be the best player in your league or even on your team to get some scholarship money, but you must be a good athlete and skilled at your sport. You must try and, in many cases, have to ask for a scholarship.

- Parents and student-athletes often see other athletes getting recruited and assume the same thing will happen to them since "I am better" or "I am just as good as they are."

- Parents and student-athletes often feel anything less than an athletic scholarship to a D1 program is unacceptable. As the emergence of camps, showcases, and private instruction takes on a new and more important role, many families feel that they need a scholarship to justify the time and expense they have already put into athletics.

- Student athletes get a letter in the mail from a coach and think they are being recruited and think they are now a top college prospect.

- Parents and student athletes assume that if they are talented enough on the athletic field, their grades do not matter much because a coach will get them into the school.

- Parents & students don't realize how rare a full scholarship really is. Aside from Division I football and basketball, most scholarships issued to players are partial scholarships and most college teams have only a few scholarships to divide up into several players or the entire team. There are many D1 programs with teams that are lucky to have 2 or 3 scholarships for their entire team, which may consist of 30 players.

- Parents & students often receive help and encouragement from people who know very little about the recruiting process and little about college athletics.

- Parents and students assume their high school coach will handle everything.

- Parents & students do not always know how to evaluate athletic ability accurately. Success on your team or league does not mean you are ready to be a college athlete or capable of receiving a college scholarship or even competing at the college level.

- Parents & students do not always know how to evaluate the talent and skill level of college athletic teams and often end up applying to schools that are too strong athletically or maybe too weak athletically.

Selinsgrove strongly encourages you to use the NCAA resources, the guidance counselors, and your coach(es) to facilitate the process of getting aid for your student-athletes.

Activity Fee

A student activity fee of **$40.00** will be assessed for each Middle School and High School student who participates in any interscholastic sport. A student is required to pay the activity fee only once each academic year, regardless of the number of sports in which he/she may participate. The full amount of the fee will be waived for any student that has qualified for and been approved by the Director of Food Service for free or reduced lunch in the current year (previous year for fall sports commencing prior to the opening of school). Due to confidentiality considerations, it is the responsibility of the Athletic Director to administer the collection of the fee and maintain accurate records. **No student may begin practice or participate in any sport or activity prior to the payment of the fee.** There will be no refunds of the fee regardless of the level or length of student participation except for students who do not pass the required physical examinations or students who are cut from sports by coaches.

Booster Groups

Booster groups assist with many of our programmatic offerings. Although they are recognized by the School District, they do operate independently of the School District. Your child's coach will have information about the appropriate booster contacts if they are desired.

Practice Starting Dates

Any sport not having a starting and closing date established by the PIAA will be permitted to start three weeks prior to the first scheduled game. Any sport requesting an earlier starting date must get authorization through the principal and athletic director.

Uniforms

2026-27	2027-28	2028-29	2029-30	2030-31
Girls Tennis	Girls Track	Boys Bowling	Girls Basketball	Football
Boys Lacrosse	Girls XC	Girls Bowling	Boys Track	Baseball
Boys Basketball	Girls Lacrosse	Softball	Boys XC	Girls Soccer
		Boys Tennis	Boys Soccer	Field Hockey
		Cheerleading	B/G Wrestling	

2031-32	2032-33	2033-34	2034-35	2035-36
Girls Tennis	Girls Track	Boys Bowling	Girls Basketball	Football
Boys Lacrosse	Girls XC	Girls Bowling	Boys Track	Baseball
Boys Basketball	Girls Lacrosse	Softball	Boys XC	Girls Soccer
Swimming/Diving		Boys Tennis	Boys Soccer	Field Hockey
Girls Volleyball		Cheerleading	B/G Wrestling	

Athletic Awards

Letters and awards will be presented to varsity participants in the following manner:

- A varsity participant may earn one chenille letter in his/her athletic career. Sports inserts will be awarded to qualified students who participate in a particular sport for subsequent years.

- Certificates of recognition will be issued to those participants who do not fulfill the requirements of receiving an award.

- The following are the requirements for each sport (Varsity and J.V.):

  - FOOTBALL – Players must participate in ½ the quarters of that season.

  - WRESTLING – All wrestlers must participate in ½ of the regular season matches and score five team points.

  - TRACK & FIELD – Participants must obtain a minimum of fifteen points in one season. Points are earned through participation in different events and scored according to track rules.

  - BASKETBALL – Players must participate in ½ or more of the quarters of that season.

  - BASEBALL – Players must participate in ½ or more of the innings per season except for pitchers in which case they must have pitched at least 1/3 of the innings.

  - SOFTBALL – Same as for baseball.

  - GOLF – Players must participate in ½ or more of the scheduled matches per season.

  - HOCKEY – Players must participate in ½ or more of the halves of that season.

  - LACROSSE – players must participate in ½ or more of the halves of that season

- BOWLING – Players must participate in ½ the matches.
- BOCCE - Players must participate in at least ½ the matches.
- CHEERLEADING – Each sports season is separate – fall, winter and spring.
  Participants will cheer in all the games.
- CROSS COUNTRY – Runners must score in at least ½ of the meets.
- TENNIS – Players must participate in at least ½ the matches.
- SOCCER – Players must participate in ½ the quarters of that season.
- SWIMMING – Players must participate in at least ½ the meets.
- VOLLEYBALL - Players must participate in at least ½ the matches.

1. A manager is considered part of that sport. Awards will be established on the same year's levels as a regular athlete and s/he will receive the same award as any athlete with the exception that in establishing the length of time to fulfill the requirements of earning an award, a manager will have to complete the entire season of that sport.

2. Awards are made with the recommendation of the coach, athletic director and principal.

3. JV award winners will be issued a certificate.

4. In varsity sports, winners will receive a seven-inch chenille letter.

5. In addition to the above requirements, awards can be given to participants who have been members of a team for a number of years, and recommended by the coach and athletic department.

Pennsylvania Heartland Athletic Conference (PHAC)

The Pennsylvania Heartland Athletic Conference is a coalition of 19 PIAA High Schools within central Pennsylvania that have combined to overcome adversity and work together in the fields of academics and athletics.

History of the PHAC League- The PHAC came into existence with the 2008 Fall Sports Season. The PHAC has roots in the Central Susquehanna Conference (CSC), the Schuylkill Valley League, the Tri-Valley League, the Susquehanna Valley League (SVL), the Mid Penn and the old West Branch Conference. The goal of the PHAC is to facilitate the work of each school's athletic department with scheduling, meetings, finances, official assignments, sportsmanship and communication.

Sports

- Baseball
- Basketball (Boys)
- Basketball (Girls)
- Bocce
- Bowling
- Cross Country
- Field Hockey
- Football
- Golf
- Soccer (Boys)
- Soccer (Girls)
- Softball
- Swimming/Diving
- Tennis (Boys)
- Tennis (Girls)
- Track and Field (Boys)
- Track and Field (Girls)
- Volleyball (Girls)
- Wrestling (Boys)
- Wrestling (Girls)

For more information about the Pennsylvania Heartland Athletic Conference please go to https://www.phacathleticsconference.org

Infection Prevention Plan

Selinsgrove Area School District Athletics Department

What is Staphylococcus aureus (staph)?

Staphylococcus aureus, often referred to simply as "staph," are bacteria commonly carried on the skin or in the nose of healthy people. Approximately 25% to 30% of the population is colonized (when bacteria are present, but not causing an infection) in the nose with staph bacteria. Sometimes, staph can cause an infection. Staph bacteria are one of the most common causes of skin infections in the United States. Most of these skin infections are minor, such as pimples and boils, and can be treated without antibiotics (also known as antimicrobials or antibacterial). However, staph bacteria also can cause serious infections, such as surgical wound infections, bloodstream infections, and pneumonia.

What is MRSA (methicillin-resistant Staphylococcus aureus)?

Some staph bacteria are resistant to antibiotics. MRSA is a type of staph that is resistant to antibiotics called beta-lactams. Beta-lactam antibiotics include methicillin and other more common antibiotics such as oxacillin, penicillin and amoxicillin. While 25% to 30% of the population is colonized with staph, approximately 1% is colonized with MRSA.

With the understanding that Staph and Resistant Staph are ever present in our athletic settings, steps can be taken to drastically reduce the chances of our students contracting an infection. The prevention plan is multi-disciplined and requires the cooperation and efforts from the student-athletes, parents, the sports medicine department, coaches and the facilities, maintenance, and custodial staff.

Athletes and Families

- Keep hands clean by washing with soap and warm water or using an alcohol based hand sanitizer routinely
- Avoid sharing of towels, razors and daily athletic gear
- Properly wash athletic gear and towels after each use
- Inform athletic training staff of all active skin lesions, seeking out first aid care

- Shower after games and practices
- Avoid sharing bars of soap with others while showering

Sports Medicine Staff

- Wash / sanitize hands between patients
- Use proper universal precautions for all wound care
- Administer first aid, and monitor skin lesions until they have healed
- If skin lesions are present, avoid the use of whirlpool or common tubs
- Refer athletes to family physicians if wounds do not respond to therapy
- Encourage Health Care providers to seek bacterial cultures to establish diagnoses
- Care and cover skin lesions before activity
- Properly launder all treatment towels
- Maintain a clean and sanitized training room
- Clean and sanitize all coolers and water bottles

Coaches

- Require athletes to cover all skin lesions
- Encourage athletes to practice good personal hygiene
- Clean uniforms, practice clothes
- Shower after games and practices
- Be sure that common equipment is cleaned and sanitized after each use

Facility & Maintenance

- Maintain clean and sanitize facilities paying special attention to the following areas:
    - Locker Room surfaces
    - Showers surfaces
    - Playing surfaces
    - Athletic Training Room
    - Weight Rooms
    - Drying Room – utilizing drying system
- Increase maintenance of artificial playing surfaces to decrease turf burns, reducing pathways for staph into the bodies of athletes.
- Installation of soap and hand sanitizer in common areas.

FAQ

Postponements

Q – How do I find out if the game or practice is postponed?

A – If it is a home contest, we will post it immediately to our school calendar, which can be found on our website (www.seal-pa.org). Go to calendars and select sport calendars. We also notify local tv and radio stations. If it is an away contest, we will follow the same procedures, but checking media outlets will be the fastest way to find out. If school is postponed, home school events are almost always postponed. Away events are up to the discretion of the home school. Practices are also canceled as a general rule, but in certain circumstances may be held. Your child's coach will be responsible for making those contacts.

Activity Fee

Q – If my child is cut from the squad, does he or she get the activity fee refunded?

A – Yes.

Q – To Whom do I make the check out?

A – Selinsgrove Athletic Fund

Q – If my child is on free or reduced lunch, does his card mean he can attend all events?

A – No. If your child is on free or reduced lunch, he or she may participate without having to pay the $40 fee. However, if he or she wants to attend other athletic events as a spectator, he or she must pay the entry fee.

Physicals

Q – Does the school provide physicals?

A- No. Although some sports will have a physician who volunteers to give them, most do not. It is the parents' responsibility.

Q - If my child has a physical in April will it be "good" for the next school year.

A – No. Physicals must be dated June 1st or later to be good for the upcoming school year.

Boosters

Q - Does the main office assist the booster clubs with fundraisers by selling or distributing orders?

A – No. But booster clubs may send a representative in to the school to sell/distribute their fundraisers during resource periods Tuesday or Wednesday. Booster Clubs must notify the main office if they would like to send a representative in during resource so that it can be put on the high school calendar. The main office will collect money/order forms and "hold" them in the vault until a representative can pick them up.

Recruiting

Q – How do I know what courses my child should take so that he or she can play intercollegiate athletics?

A – Information, including the list of acceptable core courses, is available on the NCAA web site (www.ncaaa.org). Look for the eligibility center. Selinsgrove's high school number is 394460. The guidance office and your child's coach can provide more information.

Q – Are there the same requirements for all colleges?

A – Requirements vary depending the division the school belongs to, and the divisions are different for each sport.

Policies

Q – Under the scholastic eligibility policy, what is meant by contract status?

A – The coach and the teacher communicate and agree what the student needs to do in class to maintain or attain eligibility. It might be something as simple as getting all homework done or participating in tutoring. It is up to the teacher and the coach.

Q – I see that athletes are to be in school by 8:10. I don't want my child to risk an accident if he is driving to school. Are there exceptions?
A –Only if approved by the administration.

Q – What if he or she has a doctor's appointment?

A – If the appointment is for early morning, then the athlete needs to bring an office slip with the appointment time and the time left. If the appointment is for mid-morning at a time when the student could attend class for a reasonable amount of time, the athlete is expected to come to school first and then leave. Students need to return directly to school. As an example, a student could go directly to a 9:00 am appointment at Geisinger. However, if the 9:00 appointment is in the Selinsgrove area, then he or she should come to school first and then leave. If you or your child is uncertain, the best course of action is to check with the principal or assistant principal the day before the appointment.

Physical Form

A copy of the PIAA Physician Form can be found on the Selinsgrove Athletics Website.

https://www.seal-pa.org/wp-content/uploads/2026/07/PIAA_CIPPE_FORMS_SECTIONS_1_-_101.pdf